Learn the warning signs of stroke, and you can help prevent one from happening.



May is National Stroke Awareness Month.

They say knowledge is power, but in the case of stroke prevention, knowledge can also be a lifesaver. Sudden numbness or weakness of the face, arm or leg...sudden confusion, trouble speaking or understanding...sudden trouble seeing in one or both eyes...sudden trouble walking, dizziness, loss of balance or coordination...a sudden, severe headache with no known cause...all could be signs of a stroke, and signals to get immediate medical attention. Learn more at **www.stroke.org** today, because the life you save may be your own.



www.allsup.com