

Say Aloha to Health, Happiness, Beauty and Relaxation in the Hawaiian Islands



Honolulu, March 4, 2010 – If you have ever dreamed of finding health, happiness and relaxation in a gorgeous place where you can let your spirit float, Hawaii offers that opportunity and more for you and your companion. Below, Hawaii.com offers just a sampling of the wonderful spas at your feet ... and at your service ... in Hawaii.

Spa Moana, Hyatt Regency Maui, Lahaina

About the Spa: The Spa Moana offers authentic Hawaiian practices and natural botanicals to promote good health and happiness. Enjoy personalized treatments in one of 15 treatment rooms and the full-service salon. Relax with an ocean view in the lounge while sipping Maui lavender tea, or experience the luxurious sauna and steam rooms, or four Maui luxury spa suites designed for couples to enjoy treatments together.

Signature Treatment: The Instructional Couples Massage, 100 minutes (\$295), in which couples learn easy massage techniques and practice on each other.

Grand Hyatt Kauai, Koloa

About the Spa: After a 20,000 sq. ft. expansion in 2007, visitors to Ankara Spa can experience treatments in *hales* amid the abundant tropical grounds, waterfalls, and tranquil soaking pools. Each of the secluded bungalows features a sheltered garden, private lava rock shower and wild-ginger steam grotto. Additional amenities include a full-service salon and spa boutique, lava rock shower gardens, relaxation courtyards, garden Vichy shower, 25-yard lap pool, steam rooms, saunas and whirlpools, a high-tech fitness center and open-air yoga/cardio pavilion.

Signature Treatment: Ankara Spa's Pohaku Massage, 80 minutes (\$225), is a time-tested technique that relieves tension using warm stones along the spine.

Hilton Waikoloa Village, Big Island

About the Spa: The sprawling European-style Kohola Spa takes pride in a select menu of specialized massages, facials, body treatments, manicures, pedicures, salon services and fitness and wellness classes. There are private men's and women's locker rooms, each with their own steam room, sauna, outdoor garden Jacuzzi and relaxation area.

Signature Treatment: Sugar Cane Body Scrub, 50 minutes (\$165), allows guests to enjoy the calming sensation of coconut milk, combined with macadamia and coconut oil being gently massaged into the skin. This is followed by an application of pure cane sugar and tropical nut oils that enhance the skin's elasticity and replenish moisture.

Mauna Kea Beach Hotel, The Big Island

About the Spa: The Mauna Kea Spa by Mandara has five deluxe treatment rooms, including a couple's suite. It offers a variety of body treatments, aromatherapy and skincare services featuring their signature Elemis product line.

Signature Treatment: Elemis Aroma Spa Seaweed Massage, 75 minutes with a 25-minute back massage (\$195) or 100 minutes with a 50-minute massage (\$255). This detoxifying treatment utilizes sea plants and marine algae in conjunction with aromatherapy. Relax during the application of a warm seaweed body mask followed by a foil wrap. As the wrap works its magic, you're treated to a scalp and foot massage. This is followed with a half or full body massage to ease sore joints and tension.

The Kahala Hotel and Resort, Honolulu, Oahu

About the Spa: At the luxurious Kahala Spa, all spa rituals, massages and body treatments begin with *Ho'omaka*, a Hawaiian tradition consisting of a foot soak using Alaea salt with flower essences. Each 550 square foot treatment room features a private relaxation area, changing area, personal shower and landscaped courtyard.

Signature Treatment: *Pa'ani Ho'oikaika Kino* (Body Strengthening) massage, 75 minutes (\$240). Designed as a whole body treatment for those with an athletic lifestyle, this massage utilizes an array of healing Hawaiian massage therapies including hot stones, and a volcanic foot rub.

Turtle Bay Resort, North Shore, Oahu

About the Spa: The well-appointed Luna Spa has six treatment rooms and an outdoor oceanside cabana where guests can relax to the music of the waves of the Pacific. Soak your feet in warm coconut milk while soaking in the feeling of *Pono*, where all facets - body, mind and spirit — are in harmony.

Signature Treatment: Chocolate and Hawaiian Coffee Scrub, 50 minutes (\$125). This heady blend of Hawaiian coffee and locally grown chocolate will cleanse and improve blood flow and improve the tone and appearance of skin.

Marriott Waikiki - Honolulu, Oahu

About the Spa: Paul Brown's Spa Olakino Salon emphasizes the spirit of *Olakino*, a state of well-being and health. Authentic Hawaiian ingredients are mixed for custom treatments. This spa has ten treatment rooms which offer magnificent views of Waikiki Beach and the Pacific Ocean. A lovely lounge features a cascading waterfall and lava rock design.

Signature Treatment: 24K Gold Facial, 120 minutes (\$245). Gold has long been venerated for its beautifying qualities, leaving skin glowing and radiant. Gold also lifts and firms, reducing the appearance of fine lines and wrinkles, and it fights free radicals.

Valley Island Day Spa – Kihei, Maui

About the Spa – The staff at this day spa in Kihei consists of over 20 professional female and male massage therapists; therefore, larger groups can be accommodated. There are four treatment rooms that can accommodate up to four people at a time. There is also a special couple's massage room. Treatments include Hawaiian *lomi lomi* massage, hot stone massage, facials, wraps, manicures and pedicures.

Signature Treatment: The E-Ticket to Paradise includes a 60-minute integrative massage, Valley Isle mini-facial, aromatherapy and Hawaiian sea salt polish, 120 minutes (\$165). In the Hawaii.com store, you can purchase a [\\$60 certificate to the Valley Isle Day Spa for \\$48.](#)

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