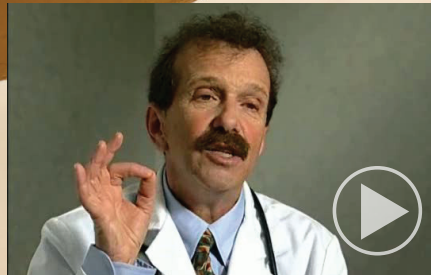


Men's Health Month: Understanding Gout Today

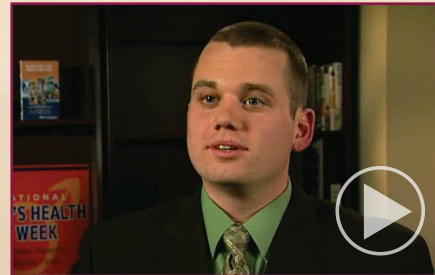
The 2010 Gout Attitudes Patient Survey (GAPS)

Approximately 5 million Americans suffer from gout, a type of arthritis characterized by attacks or "flares," which can cause pain, redness, swelling, and heat in the affected joint. In fact, results from GAPS reveal that more than two-thirds (69 percent) of respondents described the pain of a gout attack as "miserable," and when asked to describe the physical sensation of a gout attack, 23 percent of gout patients compared the pain to shattered glass piercing their skin, 28 percent to breaking a bone, 34 percent to a severe burn and 37 percent to a stubbed toe. Conducted by Men's Health Network and Takeda Pharmaceuticals North America, Inc., GAPS sheds light on the painful reality of what life can be like for those who suffer from the condition.

All About Gout



Dr. Zorba Paster,
Clinical Professor, Department of Family
Medicine, University of Wisconsin-Madison



Scott Williams,
Vice President,
Men's Health Network

Get the Facts!

- 37% of survey respondents said theoretically they would give up winning the lottery in exchange for never having another gout attack, 22% would trade in a year's worth of vacation time and 13% would trade meeting their favorite public figure.
- If they did not have gout, one third of survey respondents would be likely to exercise more (37%) and leave their house more frequently (36%).
- 73% of surveyed gout patients reported limited physical activity and nearly half (43%) have had to cancel social plans as a result of a gout attack.

[more survey findings >](#)

Gout FAQ:

- Q:** What is gout and who gets it?
- Q:** Do diet and lifestyle cause gout?
- Q:** How is gout managed?

[get the answers >](#)

► Press Release

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