

# TARA MEYER-ROBSON

“Tara made our week, if not our month. She is welcome back as a guest anytime.”

- Mike Levy,  
*The Morning X  
Show with Mike and  
Amy*



## Train Your Mind, Heal Your Body A Medical Intuitive's Look at Disease

The healthcare crisis is raging in the United States - do we pay for more prescription drugs and costly surgeries? How do we begin to control our healthcare spending and take control of our personal health?

Award-winning author, mind-body expert and medical intuitive Tara Meyer-Robson provides a remarkable solution to the healthcare crisis: By understanding the signals your body is sending you, you can heal disease - and gain total control over your life in the bargain.

She will amaze your audience with “on the spot” diagnoses of the life issues and belief patterns that are causing any disease, while offering practical, personalized advice for each individual.

Her best-selling book, *The Flow: 40 Days to Total Life Transformation* and her personal insights have helped thousands of people heal - even from “genetic” and “incurable” diseases. Armed with many stories of success, she will share both case studies, amazing scientific breakthroughs, and practical steps to health with your audience, while she entertains with her fun, energetic personality.

In addition, she will teach your audience how to become a “Medical Detective” in their own lives, empowering them to break the healing code and take their wellness back into their own hands.

Best of all? Tara's approach to health reform is free. Health care crisis solved.

## Suggested Interview Questions:

- You seem to be on a mission to reform the way we look at healthcare. You say that we can understand the disease we manifest by understanding the underlying message. Tell us more.
- Do illnesses in certain areas of the body mean anything in particular? What's different about someone who suffers from liver disease than someone who suffers from sore throats and allergies?
- Diseases often run in families. Doesn't that mean we can't escape something we're born with?
- Please share some examples of how people have changed their lives and ended up curing their ailments.
- Does the economy have any effect on the development of new symptoms or diseases? How can we expect to deal with things like this that are out of our control?
- Isn't it easier to treat the symptoms? Why not just take pain medication instead of going to the trouble of figuring out why we're having pain?
- How successful can I expect to be at treating my illness by retraining my mind?
- Will I see any other benefits to changing my thought process?
- What are some ways we can help others recognize disease-prone behaviors and help them get well?
- Do "bad" thoughts have physical consequences? How do we change them into "good" thoughts and do you have an example you can share?
- How soon can we expect to see results if we change our ways?
- OK, so how do we begin to teach ourselves to keep our bodies healthy? Are there steps I can take now?
- Where can our audience go to learn about this topic in more detail and get more help?

## Tara's Bio/Credentials:

As a former benefits executive, Tara worked with hospitals, corporations, and organizations of every size to create programs that increased morale, reduced costs and helped employees become more well. In this capacity, Tara noticed that some people were successful at changing their lives or healing their bodies using positive training programs, while others - trying the exact same improvement techniques - had negative patterns, bad habits, and ill health that they could not seem to alter.



Determined to discover the core connection between life experiences, belief patterns, and manifested disease, Tara devoted five years to studying psychology, quantum physics, energetic medicine, anatomy and physiology, and philosophy. Her focus paid off; she finally made the scientific breakthrough that became *The Flow Method* - a remarkable transformation and healing program that works for all people everywhere.

This breakthrough also became the basis for Tara's best-selling book, *The Flow: 40 Days to Total Life Transformation*, which has won 2 national awards: Finalist in ForeWord Magazine's Book of the Year Awards and #4 of Soul Salon International's Top Ten Books for Awakening 2009.

Tara is now an internationally respected speaker, transformation coach, medical intuitive, and mind-body expert. She has shared her empowerment and healing strategies on shows around the globe and is delighted to receive letters every day from readers who share their stories of life transformation, positive change and healing. In addition, she leads 4-Day Total Transformation Retreats at the Ritz-Carlton, Amelia Island, where **100%** of her retreat participants have achieved significant transformation in just four days as shown by a blind survey.

Tara also hosts *In The Flow with Tara and Bill*, a weekly radio show on Blog Talk Radio. Airing at 8pm EST every Wednesday night, she and her co-host and father Bill Meyer have been honored to interview such best-selling authors and visionaries as Dr. Bernie Siegel, Sue Patton Thoele, and Thomas Crum.

Tara is a member of the Rotary Club, Defenders of Wildlife, ASPCA, CARE, and a dedicated volunteer for Micah's Place: Nassau County, Florida's only domestic violence center. Find out more at [www.tarameyerrobson.com](http://www.tarameyerrobson.com).

"Tara's energy is contagious - and better yet, her system actually works. It is an incredibly well-researched, simple, step-by-step formula for changing your mind, body and life. Book her. You will be happy you did."

Gina McNew, Diva Success Network Radio Show

