

Online CME/CNE/CPE Medical Simulation Series: REGISTER TODAY!

Clinical Decision-Making: Encounters with a Sleepy Patient, Parts 1-2

Participate online anytime at

www.neuroscienceCME.com/CMW466 (Part 1)

www.neuroscienceCME.com/CMW467 (Part 2)

Earn up to 2.0 CE credits by completing both parts!



FACULTY INFORMATION

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CREDIT INFORMATION (for each part)

Note: No live CE credit is being offered.

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

CNE Credit (Nurses): (Part 1) This continuing nursing education activity was approved by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned approval code 83DJPL-10. 1.0 contact hours will be awarded upon successful completion.

(Part 2) This continuing nursing education activity was approved by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned approval code 83DJFH-10. 1.0 contact hours will be awarded upon successful completion.

CPE Credit (Pharmacists): CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

1.0 contact hours (0.1 CEUs)

Universal Program Numbers:

376-999-10-010-H01-P (Part 1)

376-999-10-011-H01-P (Part 2)

Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations must be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (80% pass rate required). This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit www.neurosciencecme.com/technical.asp.

Release Date: July 1, 2010
 Credit Expiration Date: July 1, 2011
 Archive Offered Until: July 1, 2011

These activities offer CE credit for:

• Physicians (CME) • Nurses (CNE) • Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

Questions? Call CME Outfitters at **877.CME.PROS**.

STATEMENT OF NEED

Excessive sleepiness, though highly prevalent, is under-detected, leading to pernicious effects on patients, the healthcare system, society, and public safety. While self-imposed sleep deprivation is a common cause, excessive sleepiness is also frequently the outward signal for underlying conditions of disturbed sleep or altered sleep-wake physiology. These include primary sleep disorders like obstructive sleep apnea (OSA) and circadian rhythm sleep disorders (CRSD) such as shift work sleep disorder and jetlag disorder. This two-part neuroscienceCME Medical Simulation series offers interactive medical simulations that afford learners the opportunity to sharpen diagnostic and disease management skills related to the management of patients with sleep-wake disorders.

1 Thorpy MJ, Lieberman JA, Roth T, Owens GS. Patient identification. *Am J Manag Care* 2007;13:5132-5139.

2 National Sleep Foundation. Fatigue and Excessive Sleepiness Fact Sheet. Available at: <http://www.sleepfoundation.org/article/sleep-related-problems/excessive-sleepiness-and-sleep>. Accessed March 1, 2010.

SERIES GOAL

Utilize problem-based learning simulations to demonstrate improved competence in the diagnosis and management of sleep-wake disorders.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

Part 1

- Evaluate symptoms of fatigue and excessive sleepiness utilizing a structured interview and validated assessment tools.
- Assess patients with a suspected sleep disorder for comorbid conditions that impair sleep.
- Implement pharmacologic and non-pharmacologic strategies to improve outcomes in patients with sleep disorders.

Part 2

- Evaluate symptoms of excessive sleepiness utilizing a structured interview and validated assessment tools.
- Identify patients with sleep complaints for whom referral for polysomnography is appropriate.
- Implement pharmacologic and non-pharmacologic strategies to improve wakefulness in patients with circadian rhythm disorders.

TARGET AUDIENCE

Physicians, physician assistants, nurse practitioners, nurses, pharmacists, and other health professionals with an interest in sleep-wake disorders.

FINANCIAL SUPPORT

Supported by an independent educational grant from Cephalon, Inc.

FAX completed form to **240.243.1033**

YES! Register me for these online neuroscienceCME activities. (Participation details will be sent to you via email)

Part 1 Part 2 Both Parts

Site Name: _____ # Participants: _____

Individual Name: _____ Degree: _____

Address: _____

City/State/ZIP: _____

Practice Setting: Academic Center Community Pharmacy Practice Group Practice (Small)
 Group Practice (Large) Hospital/Institution Managed Care
 Non-Direct Patient Care Solo Practice

Phone: _____

Fax: _____ Email: _____

This continuing education series is provided by

