

Finally, A Breakthrough Treatment For Low Back Pain And Sciatica...

New Breakthrough Treatment For Low Back Pain And Leg Pain Caused By Bulging Disc, Herniated Disc or Degenerated Disc

This state-of-the-art treatment that recently became available in Soquel is safe, easy and non-surgical. A Mayo Clinic doctor described it as "impressive."

SANTA CRUZ - When a local nurse came in to consult me about her low back pain and sciatica down her right leg, she was in tears. She had seen many patients recover from surgery and she wanted to avoid it at all cost. She knew 2 other patients I helped, and she was hoping I could help her too.

Many patients who come in with low back pain and sciatica or leg pain often have an undiagnosed disc problem. Most have tried the following treatments:

- Pain medications
- Muscle relaxers
- Physical therapy
- Spinal injections
- Back traction
- Back surgery

For some, these treatments have provided temporary relief, but the effects don't last very long. When they are tired of living with the pain... and tired of popping painkillers... they come to my office looking for a more permanent solution to their problem.

Some of these patients have suffered from terrible low back pain and sciatica for years. They miss out on the things they love to do. And year after year, their condition gets worse. They feel more pain... they take more medications... and they lose more function.

If this describes you, maybe I can help. In a minute, I will tell you about a new non-invasive treatment. Thanks to this breakthrough treatment, men and women... young and old... have brought out their walking shoes, bikes, golf clubs and gardening tools from closets and garages. Ready to once again enjoy their hobbies and the active lifestyle that they thought they had lost forever.

Is Your Pain Caused By A Disc Problem?

If you feel any of the following, your pain may be caused by a disc bulge, disc herniation or disc degeneration:

- ✓ Low back pain or leg pain when you sit
- ✓ Low back pain or leg pain when you stand for a long time
- ✓ Deep pain in your low back
- ✓ Hard to find a comfortable sleeping position at night
- ✓ Pain down your thigh or leg
- ✓ Numbness in your toes

WARNING: If your low back pain or leg pain is caused by a bulged disc, herniated disc or degenerated disc, avoid using gadgets that hang you upside down or stretches your back the old fashioned way. Doing this can spasm your back muscles and severely damage your discs.

It's not unusual for me to hear stories from patients who have gotten severe muscle spasms after hanging themselves upside down. Or after asking a non-trained friend or spouse to "work on their backs."

What Makes Discs Go Bad?

As you age, the discs in your back get dehydrated and get squashed. If your job forces you to sit or stand in one place for a long time, your discs are more likely to get squashed. Playing certain sports, lifting heavy things, doing physical jobs, bad posture and car accidents also increase the chance of your low back discs getting squashed.

It's like an ice cream sandwich with the filling being your disc. As you put more pressure on the sandwich, the filling will ooze out. This is a bulged disc. If the oozing gets much worse, then you have a herniated disc. Over time, even without any prior history of injuries, everyone gets degenerated discs or discs that go bad. Your discs that have been injured before will more likely go bad first.

According to one research study, most back pain is caused by discs that have gone bad.

Now, Some Good News

In the past, when discs go bad, the only way to repair them is invasive back surgery. Today, thanks to a group of neurosurgeons, engineers and scientists, there is a non-invasive option called non-surgical spinal decompression.

After 11 years in practice and treating over 2,000 patients with low back pain and sciatica, I am convinced that non-surgical spinal decompression is perhaps the greatest weapon ever discovered against low back pain and sciatica. This treatment has been tested, researched and found to be effective.

That's why I've added non-surgical spinal decompression to my arsenal of treatments for anyone suffering from low back pain and sciatica. The best part is when these conditions are resolved, the patient's quality of life improves. For many, they can finally live pain free, again.

After 10 years, I've successfully treated many local nurses, doctors, therapists, chiropractors, their staff, business owners, CEOs, secretaries, teachers students, parents, children and grandparents. I have not seen results as good as the ones I'm getting with spinal decompression for low back pain and sciatica.

How Does Non-Surgical Spinal Decompression Work?

Many low back pain and sciatica sufferers feel like they would feel a lot better if someone can just pull or



Dr. John Falkenroth, D.C. has been in practice for 11 years and has treated over 2,000 patients with low back pain and sciatica or leg pain.

stretch their low back. Non-surgical spinal decompression does just that. And it is gentle, safe and very effective.

It works by gently pulling your low back and stretching your bulged or herniated disc. This creates a vacuum type effect that gently sucks back the bulged or herniated part of your disc.

No matter how severe your low back pain or sciatica is, you owe it to yourself to check out non-surgical spinal decompression. And to find out if you are a candidate for this treatment. This way, you won't be left wondering if this breakthrough treatment could have eliminated your pain.

I'm confident that this treatment will continue to help a lot of people suffering from low back pain and sciatica. But, a small percentage will not be a candidate for non-surgical spinal decompression. If your condition is too severe for this treatment, I will not accept your case.

Whether or not you think you are a candidate for this new treatment, you should check it out. When you come in, I will explain your condition to you in a way that no one else probably ever had. If you have x-rays or MRIs, you're welcome to bring them in. I will explain your diagnosis to you and show you on your films exactly where the problem is. At the end of your visit, I will decide whether or not I want to accept your case and take you on as a patient.

Most Low Back Pain And Sciatica Sufferers Are Very Skeptical Of New Procedures. So If You Are Skeptical... Read What Some Of Our Patients Had To Say About Their Treatments.

"My body was in the worst pain I've ever experienced in my life... My calf on the left leg was burning so bad and would not stop, that the pain made me pass out while driving. I got an MRI and found one ruptured disk at L3/L4 and two bulging disks at L4 and L5... Decompression therapy has given me my life back."

"I have suffered from back pain since 1992... I wasn't sure what to expect, but I was impressed! Within the first couple

of visits, I felt an improvement... The treatments were never painful or uncomfortable."

"I came into Dr. Falkenroth's office after being in pain for a whole year. The pain traveled from my leg to my back... x-rays and MRI showed a disc bulge. Exercise, injections and surgery were the only suggestions. I wanted a second opinion and was very satisfied... The treatments were painless and relaxing. I highly recommend Dr. Falkenroth's clinic to anyone in severe pain."

"...I have been suffering with low back pain due to an injury sustained at home, making it difficult for me to move without pain. Coming here to Dr. Falkenroth was a breath of fresh air. My first visit was great... It is so nice to not feel constant pain and to know where I can go for pain relief without medications or invasive procedures."

"I went to see five other doctors before finding Dr. Falkenroth, all with some results, but not with results that Dr. Falkenroth has given me. I am very happy that I found him when I did. He's very very good at what he does."

"First of all, the service I've received here has been excellent, and Dr. Falkenroth listens to my concerns and really makes me feel taken care of... My back feels much better, and Dr. Falkenroth has helped me to identify ways I can keep my back healthy."

"...Dr. Falkenroth has treated my chronic pain as well as a more recent disc injury. The treatment is excellent, gentle and painless. I highly recommend this clinic above any other treatment."

"...I don't have to say much - those around me have seen the improvement and they're sold."

Do You Qualify For This New Treatment?

When you call to make an appointment, you will receive a Free Consultation and Evaluation to see if you are a candidate for non-surgical spinal decompression. Due to the response to this type of offer, we can only accommodate the first 17 callers. If you are one of these 17, I'll do this Evaluation and Qualifying Process completely **FREE**. If the lines are busy, keep trying.

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**CALL TODAY!
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