## HOT CHEFS, COOL KITCHEN

## STREAMING LIVE August 27-29

## LIVING LIGHT CHEF SHOWCASE















**The Living Light Chef Showcase:** Hot Chefs, Cool Kitchen streaming live online August 27-29 celebrates the talents of 12 of the top raw food chefs in the world, plus the winner of the Hot Raw Chef Video Recipe Contest! They will dazzle your imagination and tempt your palate with a 3-day extravaganza of fabulous raw vegan recipes. You'll see step-by-step demos of healthy, sustainable, raw

vegan dishes with a gourmet spin—everything from dairy-free "cheeses" and pâtés, to appetizers, soups, entrées, breads, crackers, sauces, dips, and incredible desserts. The simple yet elegant recipes will include low glycemic, gluten free, wheat free, and sugar free options.

"Feast and lose weight" is the concept driving the raw food diet revolution. If you'd like to gain energy and feel younger while enjoying gourmet versions of your favorite dishes, sign up for the Living Light Chef Showcase: Hot Chefs, Cool Kitchen. Cherie Soria and a hand picked group of talented chefs will take you on an extraordinary creative exploration—reinventing gourmet raw vegan cuisine for the 21st Century.

Call 707-964-2420 for information and registration, or register online at RawFoodChef.com.

Limited number of seats available in the live studio audience and for our specialty classes, including Take a Walk on the Wild Side: Discover Raw Green Super Foods from the Ocean, Raw Food Styling for Photography, and Sharpen Up Your Knife Skills!™ Intensive.













