

## **Advance Praise for *A Compromised Generation***

"A Compromised Generation is a thorough and gripping account of the new reality for millions of children and their families. Beth Lambert – a clever, dedicated and courageous parent armed with maternal instincts and persuasive scientific facts, shows us why "mothers know best". Through her own children's experiences, she explains how environmental insults have compromised the health and future of an entire generation and also provides well researched strategies aimed at prevention. With profound insight, A Compromised Generation is a must read for protecting our children."

**--Deirdre Imus, bestselling author and President of the Deirdre Imus Environmental Center for Pediatric Oncology at Hackensack University Medical Center, and Co-Director of the Imus Cattle Ranch for Kids with Cancer**

"We are facing an epidemic of chronic illness in children from obesity, to ADHD and autism, depression and mood disorders, and asthma and allergy. Until now, this "Compromised Generation" and their parents have been given little understanding of WHY this is happening and how to fix this except for covering over symptoms with medication. Beth Lambert takes us all the way to the roots of the problems in our toxic diet and toxic environment and shows us a way to protect our children's future. This is the future of medicine. If you have a child and want them to thrive, then you must read this book."

**--Dr. Mark Hyman, MD, 4 times New York Times Bestselling Author including *The UltraMind Solution, Fix Your Broken Brain by Healing Your Body First***

"What is happening to our children? The epidemic disorders our children face beg the question. In her book, *A Compromised Generation*, Beth Lambert puts forth a cogent, well-written explanation of the suspected environmental factors involved in the current epidemics of autism, ADHD, asthma, allergies, obesity and diabetes; and includes thoughtful approaches to treatment. She also proposes strategies for prevention so that we may achieve our ultimate goal: to avoid compromising the next generation."

**--Dr. Kenneth A. Bock, MD, FAAFP, FACN, CNS  
Author, *Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies***

"*A Compromised Generation* is a clear, rational, and compelling wake-up call for everyone who is concerned about the health of our future generations. In short, this is a terrific book!"

**--Dr. Christiane Northrup, M.D., Ob/Gyn Physician and Author of the New York Times Bestsellers: *Women's Bodies, Women's Wisdom* and *The Wisdom of Menopause***

"This book is a must-read for anyone who cares about children. We are witnessing an unparalleled rise in chronic health conditions in our kids, and we are in desperate need of a solution. Beth Lambert not only provides a clear and comprehensive assessment of the state of

children's health today, but she also offers a practical roadmap to finding our way out of this mess. *A Compromised Generation* should be required reading for parents and health care practitioners everywhere."

**--Dr. Lawrence Rosen, MD, FAAP, Chief of Pediatric Integrative Medicine at Joseph M. Sanzari Children's Hospital, Hackensack University Medical Center, Chair of the Integrative Pediatrics Council and medical advisor to the Deirdre Imus Environmental Center for Pediatric Oncology**

"Although gene and environmental factors such as infections, toxic chemicals and modified dietary proteins and peptides have been implicated in many complex disorders, as yet there does not seem to be any explanation for Autism, outside of genetics, that the American medical community wants to embrace. We have two choices. One option, is to blame everything on the genetics of the unfortunate individual, sit down and do nothing but witness the drastic increase in Autism, ADD, ADHD, allergies and asthma rates. Or option two, we can read *A Compromised Generation* by Beth Lambert, and accept that environmental triggers play a significant role. With option two there is hope. It concludes that we can do something about it. "

**--Dr. Aristo Vojdani, PhD, MSc, MT, Microbiology and Clinical Immunology, CEO and Technical Director of Immunosciences Lab., Inc. in Los Angeles, CA**

"Just because chronic childhood illness is becoming more common place, it doesn't mean it's normal. As a matter of fact, childhood illness is at an epidemic level. Children today are suffering from diseases which were once only illnesses of adults; diabetes, heart disease and autoimmune diseases. In addition, there are many new illnesses affecting our children like developmental delays, chronic digestive disorders, hyperactivity, recurrent infections and autism. There has never been a time in our history plagued by so many new and chronic diseases. Because of this, many parents are at a loss because their doctors don't have the needed answers. Therefore, Moms and Dads have taken up the task themselves. Beth Lambert, a concerned parent, has asked the tough question "WHY?" She has interviewed and questioned teachers, parents, doctors and other experts in an effort to find a pathway through this minefield of health issues. Along the way she has found success stories of those who didn't settle for bad news but set out to find answers. This is the owner's manual for parents and especially those parents with sick or disabled children."

**--Dr Tobin Watkinson, degrees and certifications in Acupuncture, Clinical Nutrition, Chiropractic and Psychology. Dr. Watkinson has thirty five years of practice with 17 years at the Scripps Health Medical Office in San Diego, Ca. Dr. Watkinson also serves on foundation boards, lectures and publishes widely and has hosted a syndicated radio show. His privately funded Autism Foundation is researching antibiotic resistant genes and vaccine injury.**