

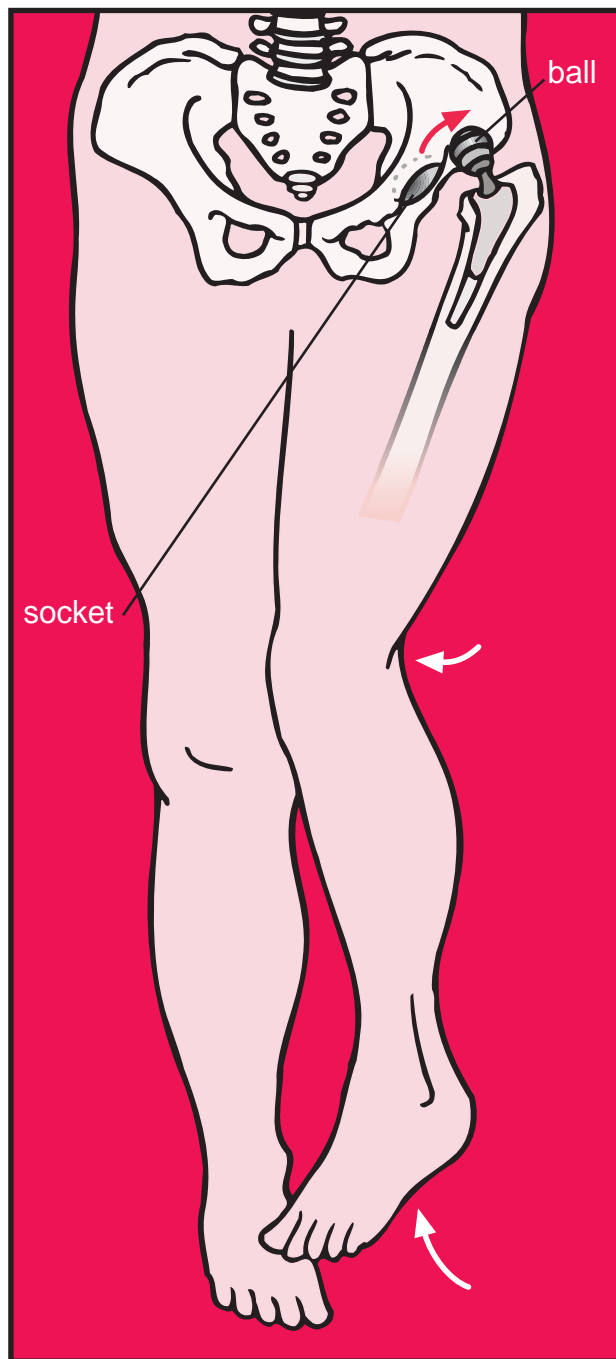
D islocation

For the first 3 months after surgery, your new hip is still healing. This puts you at risk for dislocating your hip. Dislocation occurs when **the ball of your new hip joint comes out of the socket**. After your surgery, the muscles around your hip are weak and have not completely healed. As a result, you should avoid certain positions with your affected leg.

If your hip dislocates, you may notice a strange feeling at first. This should be a warning sign to stop what you're doing. You may also:

- feel a “pop”
- feel pain
- not be able to walk
- see your affected leg get shorter and turn inward—this may cause pain in your knee or thigh

The use of the term “affected leg” means the leg on the side of your new hip.



Dislocated hip