



## **For Immediate Release**

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## **The Palm Beach Institute Launches Adolescent Substance Abuse Treatment Program for Males 13-17**

*West Palm Beach, Fl – September, 14 2010:* [The Palm Beach Institute](http://www.pb institute.com) has opened their 8-bed [Adolescent Substance Abuse Treatment Program](#) developed specifically for males aged 13-17. The program treats young men as unique individuals with separate needs by creating a treatment plan that is tailored to their specific requirements. While the primary focus is on achieving recovery, other issues are addressed such as mental health, behavioral problems, cross-addictions, low self-esteem, anger management and family dysfunction. The Palm Beach Institute understands the special needs of the adolescent and brings to this new program the same treatment approach outlined in the **Substance Abuse and Mental Health Services Administration's** (SAMHSA) "Treatment Improvement Protocol" outlined below. It is the goal of The Palm Beach Institute to reach out to the community of young men who suffer from the disease of addiction and help them learn a new way of life while assisting families dealing with children who are substance dependent.

### **Addressing the Unique Needs of Adolescents in Treatment**

The following is a Summary of Key Points from SAMHSA's Treatment Improvement Protocol on the Treatment of Adolescents with Substance Abuse Disorders.<sup>11</sup>

- Adolescent substance use often stems from different causes than for adults. In treatment, adolescents must be approached differently from adults because of developmental issues, differences in values and belief systems, environmental considerations such as strong peer influences, and educational requirements.
- Treatment approaches should also account for age, gender, ethnicity, cultural background, family structure, cognitive and social development, and readiness for change. Younger adolescents have different developmental needs than older adolescents, and treatment approaches should be developed appropriately for different age groups.

- Treatment should involve family members because family history may play a role in the origins of the problem and successful treatment cannot take place in isolation.
- Treatment providers should have specific training in the principles of adolescent development, and treatment programs should avoid mixing adult clients with adolescent clients.

**About Palm Beach Institute** ([www.pb institute.com](http://www.pb institute.com))

The Palm Beach Institute is located at 310 10<sup>th</sup> Street, West Palm Beach, Florida 33401. Phone 800-433-5098. It was founded in 1968 by Ronald J. Catanzaro, M.D., a Phi Beta Kappa graduate of Washington University in St. Louis, Missouri, and a board certified psychiatrist. A pioneer in addiction treatment, Dr. Catanzaro established the U.S. Army's first inpatient treatment for alcoholics and developed "Familization Therapy," the practice of treating the whole family. In 1968 he founded the Palm Beach Institute, Florida's first private treatment center for alcohol and drug addiction. Today, some 42 years later, the Palm Beach Institute continues to offer hope and treatment to people who suffer from the disease of [drug and alcohol addiction](#).

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