

## For LADIES ONLY Conference! Get your GROOVE BACK! Get your GROOVE ON! **Get a NEW GROOVE!**

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# Live Your Best Life! **Date**

Saturday October 23, 2010

#### **Time**

9:00 am - 7:00 pm

#### Location

Comfort Inn and Suites 120 West Third Street Bethlehem, PA

### Cost:

\$65 Early Bird Registration with choice of 2 workshops, 1 mini-class and luncheon with motivational speaker Toni Coleman-Brown, Zumba, and more! Special packages are **Opportunities** available for overnight accommodations with breakfast.

Join Us!

The **GROOVE** is a one-day event motivational filled with and inspirational workshops and classes to encourage women to live their best life!

GREAT SEXpectations: What's Hot & What's Not: An Exploration of the Multiple Meanings of Sexuality in Today's World with Dr. Karen Hicks & Kayla O'Connor, M.Ed.

Sexy and Single: How to Live a Fulfilling Life without a Significant Other

Healthy in a Hurry: How to cook healthy when you are low on time Michelle Janine Robinson, NY Times Best Selling Contributing Author, Reading and Book Signing of her new release Color Me Grey

How to Start and Run a Successful Business

Financial Freedom 101, Priority Setting, Salsa lessons, & Much more!

Workshops

**Sponsor** 

**Available** 

Vendor