

INTERACTIVE CE WEBCAST: Register online today at www.neuroscienceCME.com/CMW502

The Nurse's Pivotal Role in Identifying and Managing Symptoms of Multiple Sclerosis

Webcast with Live Q&A Segment
www.neuroscienceCME.com/CMW502
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Premiering Tuesday, October 26, 2010, from 12:00 p.m.–1:00 p.m. ET



FACULTY INFORMATION

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TARGET AUDIENCE

Nurses, nurse practitioners, physicians, physician assistants, pharmacists, multidisciplinary teams responsible for the management of patients with multiple sclerosis, and other healthcare providers with an interest in multiple sclerosis.

CREDIT INFORMATION

CME Credit (Physicians): CME Outfitters, LLC, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CME Outfitters, LLC, designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Note to Physician Assistants: AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

CNE Credit (Nurses): Provider approved by the California Board of Registered Nursing, Provider Number CEP 15510, for 1.0 contact hours

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Universal Activity Number:
 376-999-10-021-L01-P (live presentation)
 376-999-10-021-H01-P (recorded programs)

Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations can be completed online at www.neuroscienceCME.com (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit www.neuroscienceCME.com/technical.asp. CE credit expires on October 26, 2011.

Premiere webcast offers a LIVE Q&A segment and qualifies for live CE credit.

Submit your questions directly to the faculty via phone or web.

Questions? Call CME Outfitters at **877.CME.PROS**.

This activity offers CE credit for:

- Physicians (CME) • Nurses (CNE) • Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

Online archive will be offered until October 26, 2011.

STATEMENT OF NEED

A key element in treating multiple sclerosis (MS) is patient involvement in developing an individualized management plan that includes an understanding of symptoms and methods to minimize their effects.¹ Patients feel more empowered when they discuss symptom management and possible side effects of treatment with their healthcare providers and are subsequently provided with tools to manage symptoms and other needs.

Nurses are in a critical position to reinforce patient education related to both side effects and strategies for optimal management, so they form an integral part of the multidisciplinary team. By identifying and removing barriers and building collaborative nurse-patient partnerships, nurses can provide MS education that translates to improved outcomes for patients. In this live and interactive neuroscienceCME Webcast, participants will review strategies to empower their patients by implementing tools to assess quality of life issues and addressing barriers to medication adherence.

¹Thompson AJ. Symptomatic management and rehabilitation in multiple sclerosis. *J Neurol Neurosurg Psychiatry* 2001;71:ii22-ii27.

ACTIVITY GOAL

To implement a collaborative management plan for integration by nurses to address the symptoms of patients with MS in order to improve clinical outcomes and quality of life.

LEARNING OBJECTIVES

At the end of this CE activity, participants should be able to:

- Inform patients about disease management to encourage a positive outlook that improves outcomes and empowers patient self-management of MS symptoms.
- Use intake and follow-up questionnaires to survey each patient for new or varying physical and psychosocial symptoms of MS and their effects on quality of life.
- Educate patients on disease-modifying and other available MS therapies, management of side effects, and strategies to overcome common barriers to medication adherence.

ACKNOWLEDGEMENT OF FINANCIAL SUPPORT

CME Outfitters, LLC, gratefully acknowledges an educational grant from Biogen Idec in support of this CE activity.

_____ FAX completed form to **240.243.1033** _____

YES! Register me for this evidence-based neuroscienceCME Webcast activity on October 26, 2010.

I will participate online. I will participate by phone.

YES! Register me for the online archive. (Participation details will be sent to you via email.)

Site Name: _____ # Participants: _____

Individual Name: _____ Degree: _____

Address: _____

City/State/ZIP: _____

Practice Setting: Primary care Neurology Internal medicine MS-specific clinic Other: _____ Phone: _____

Fax: _____ Email (required): _____

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