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MINNESOTA SEIZURE DRIVING RULE CHANGES NOVEMBER 1

One of many initiatives to enhance the lives of people living with seizures

St. Paul, MN – October 26, 2010 – Effective November 1, 2010, the current Minnesota Driving Rule will decrease the license suspension time of a person who has a seizure, from six months to three months (7410.2500: Loss of consciousness or Voluntary Control).

The Epilepsy Foundation of Minnesota (EFM) actively advocated for this change to enhance the quality of life for the 60,000 Minnesotans living with seizures. “We’re pleased that this change will positively impact the lives of people living with seizures and minimize their disruption in transportation,” said Associate Executive Vicki Kopplin.

The rule change is timely: November is National Epilepsy Awareness Month and EFM hosts its second annual Midwest Regional Conference: Living with Seizures on Saturday, November 13, 2010 at the Crowne Plaza St. Paul Riverfront Hotel. The conference features leading medical experts on issues related to seizures; registration is available at www.efmn.org.

Much progress is being made for people living with seizures in recent news. In October, a new digital platform was announced that automatically records medical information and manages seizure medications, which users can access online at www.epilepsy.com and via their smart phones.

About the Epilepsy Foundation of Minnesota

The Epilepsy Foundation of Minnesota (EFM) provides programs and services that educate, connect and empower people living with seizures. Epilepsy is a neurological disorder of the brain that affects more than 60,000 Minnesotans. For more information, visit www.efmn.org.

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ADDITIONAL RESOURCES:

- **Interview:** Vicki Kopplin, Associate Executive, Epilepsy Foundation of Minnesota. 651.287.2314 or vkopplin@efmn.org.
- **Interview:** Elson So, M.D., neurologist at Mayo Clinic who can speak about the safety concern of 3 vs. 6 months. Contact Elizabeth Rice at 507.284.5005 or newsbureau@mayo.com to request an interview.
- **Interview:** Brett Boyum, EFM Board member who lost his license due to a seizure. 651.470.5264 or bboyum@frontiernet.net.
- **Images available upon request.** One in 10 adults have had, or will have, a seizure of some kind in their life. Epilepsy is the third most prevalent neurological condition behind stroke and Alzheimer's disease.