

Living with diabetes can also mean living with a disability. Join the movement to help stop diabetes this November.



*November is National Diabetes Awareness Month.*

Blindness, kidney failure, amputations...these disabilities are just some of the complications caused by diabetes when the disease is left untreated. That's why this November during National Diabetes Awareness Month it's so important to raise awareness about just how debilitating diabetes can be. If you or a loved one are overweight, under active and over 45 years old, it's time to talk about diabetes...with your family and with your doctor. Find out more from the National Diabetes Education Program at [www.ndep.nih.gov](http://www.ndep.nih.gov).