

**INTERACTIVE CE BROADCAST via Satellite, Internet, or Telephone: REGISTER TODAY!**

# Measuring Lipids in Patients with Bipolar Disorder: Why We Must

**Premiere Date: Wednesday, December 1, 2010**

**LIVE Broadcast: 12:00 p.m.–1:00 p.m. ET** (11:00 a.m.–12:00 p.m. CT, 10:00 a.m.–11:00 a.m. MT, 9:00 a.m.–10:00 a.m. PT)  
**Taped Re-Air: 4:00 p.m.–5:00 p.m. ET** (3:00 p.m.–4:00 p.m. CT, 2:00 p.m.–3:00 p.m. MT, 1:00 p.m.–2:00 p.m. PT)

**No Satellite? No Problem!**

View on the web at [www.neuroscienceCME.com/CMW518](http://www.neuroscienceCME.com/CMW518) or participate via **neuroscienceCME Live and On Demand byPHONE**

**800.895.1713 (LIVE) 800.388.6197 (ARCHIVE)**

Password for LIVE byPHONE option is "neuroscienceCME"

**This activity offers CE credit for:**

- Physicians (CME)
- Nurses (CNE)
- Psychologists (CEP)
- Social Workers (NASW)
- Case Managers (CCMC)
- Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

You can also register for this neuroscienceCME Live and On Demand activity at [www.neuroscienceCME.com/CMW518](http://www.neuroscienceCME.com/CMW518) For more information or to register by phone for this one-hour activity, call CME Outfitters at **877.CME.PROS**.

**STATEMENT OF NEED**

The STandards for Bipolar Excellence (STABLE) project outlined 15 evidence-based measures for quality assessment and improvement of care for patients with bipolar disorder (BPD). One of these relates to lipid measurement and assesses "the percentage of patients diagnosed with bipolar disorder and treated with an atypical antipsychotic agent who receive at least one assessment for hyperlipidemia within the initial 16 weeks of treatment." This STABLE measure is based on joint recommendations from the American Psychiatric Association (APA) and the American Diabetes Association (ADA) and the fact that studies quantifying levels of clinician performance reveal that this assessment is underperformed.

This educational intervention is designed to help you improve your practice by addressing clinician gaps in and health system barriers to implementation of consistent lipid measurement. Thus, neuroscienceCME Live and On Demand activity will provide the rationale for lipid measurement in bipolar disorder pharmacotherapy and strategies for increasing the frequency with which you perform it and respond appropriately to test results.

Center for Quality Assessment and Improvement in Mental Health. The STandards for Bipolar Excellence Project. Available at: <http://www.cqaimh.org/stable.html>. Accessed October 28, 2009.

Haupt DW, Rosenblatt LC, Kim E, Baker RA, Whitehead R, Newcomer JW. Prevalence and predictors of lipid and glucose monitoring in commercially insured patients treated with second-generation antipsychotic agents. *Am J Psychiatry* 2009;166:345-353.

**ACTIVITY GOAL**

To increase clinician knowledge of and performance against the STABLE measure related to assessment of hyperlipidemia in patients with bipolar disorder who are being treated with an atypical antipsychotic agent.

**LEARNING OBJECTIVES**

At the end of this CE activity, participants should be able to:

- Identify strategies to overcome barriers that hinder lipid measurement.
- Increase the rate at which you perform at least one assessment for hyperlipidemia within the initial 16-week treatment period among patients with BPD who are being treated with an atypical antipsychotic agent, in accordance with the STABLE measure regarding lipid assessment.
- Select an appropriate clinical strategy for addressing an abnormal lipid test.

*The following learning objectives pertain only to those requesting CNE credit:*

- Explain the rationale for measuring lipids in patients with BPD who take atypical antipsychotic agents in order to effectively handle patient queries.
- Describe a patient-centered strategy that will help patients with BPD obtain blood draws for needed laboratory tests.

**TARGET AUDIENCE**

Physicians, physician assistants, nurses, nurse practitioners, psychologists, pharmacists, social workers, certified case managers, and other healthcare professionals with an interest in bipolar disorder.

**FINANCIAL SUPPORT**

This activity is supported by an educational grant from Janssen, a Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc., administered by Ortho-McNeil Janssen Scientific Affairs, LLC., and from Lilly USA, LLC. For further information concerning Lilly grant funding, visit [www.lillygrantoffice.com](http://www.lillygrantoffice.com).

**FAX completed form to 614.929.3600**

**YES! Register me for this LIVE evidence-based neuroscienceCME activity on December 1, 2010 .**

Site Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Individual Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Practice Setting:  Community Mental Health  State Mental Health  Primary Care  
 Private Practice  Other: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_



**FACULTY INFORMATION**

**David C. Henderson, MD**

Associate Professor of Psychiatry  
 Harvard Medical School  
 Director, Schizophrenia, Diabetes, and Weight Reduction Research Program  
 Director, The Chester M. Pierce, MD Division of Global Psychiatry  
 Massachusetts General Hospital  
 Boston, MA

**Roger S. McIntyre, MD, FRCPC**

Associate Professor of Psychiatry and Pharmacology  
 University of Toronto  
 Head, Mood Disorders Psychopharmacology Unit  
 University Health Network  
 Toronto, ON

**MODERATOR**

**Paul E. Keck, Jr., MD**

President-CEO, Lindner Center of HOPE  
 Professor of Psychiatry & Behavior Neuroscience  
 University of Cincinnati College of Medicine  
 Cincinnati, OH

**Faculty Disclosure:** USF Health adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved, and also that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course syllabus.

**Equal Opportunity:** Events, activities and facilities of the University of South Florida are available without regard to race, color, sex, national origin, disability, age or Vietnam veteran status as provided by law and in accordance with the University's respect for personal dignity.

**CREDIT INFORMATION**

**CME Credit (Physicians):** USF Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

USF Health designates this educational activity for a maximum of 1.00 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Note to Physician Assistants:** AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**CNE Credit (Nurses):** Provider approved by the California Board of Registered Nursing, Provider Number CEP 15510, for 1.0 contact hour.

**Note to Nurse Practitioners:** The content of this CNE activity pertains to Pharmacology.

**CEP Credit (Psychologists):** CME Outfitters is approved by the American Psychological Association to sponsor continuing education for psychologists. CME Outfitters maintains responsibility for this program and its content. (1.0 CE credit)

**NASW Credit (Social Workers):** This program was approved by the National Association of Social Workers (provider #886407722) for 1 continuing education contact hour.

**CCMC Credit (Certified Case Managers):** This program has been approved for 1 hour by the Commission for Case Manager Certification (CCMC).

**CPE Credit (Pharmacists):** CME Outfitters, LLC, is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. 1.0 contact hours (0.1 CEUs)

Universal Activity Number: 0376-9999-10-025-L01-P (live presentation)  
 0376-9999-10-025-H01-P (recorded programs)

Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations can be completed online at [www.neuroscienceCME.com](http://www.neuroscienceCME.com) (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit [www.neuroscienceCME.com/technical.asp](http://www.neuroscienceCME.com/technical.asp). CE credit expires on December 1, 2011 .

Co-sponsored by



TV-069-120110-90