There are all kinds of Big Brothers.

Which one are you?



Big Brothers Big Sisters

New York's Children of Promise

About New York's Children of Promise Program

"If a child is to keep alive his sense of wonder, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement and mystery of the world we live in."

New York's Children of Promise, a collaborative effort of Big Brothers Big Sisters agencies throughout the state, is a mentoring program that paves the way for children of incarcerated parents to connect with dedicated, caring adults, bridging the gaps in these children's lives, fostering relationships that promote positive behaviors, improved self-confidence, academic achievement, and interpersonal skills.

Today, there are over 70,000 children with incarcerated parents residing in New York State. These children can greatly benefit from the support of an additional caring adult. And that's where a Big Brother or Big Sister can make a "Big" difference.

A recent study found that Little Brothers and Little Sisters who met with their "Bigs" on a regular basis for at least a year, were 1/3 less likely to resort to violence at times of conflict, 46% less likely to begin drinking alcohol, 27% less likely to begin using illegal drugs, and 52% less likely to skip school. For the "Big", it's a chance to reconnect with one's youth, to share good times and friendship, and to make a positive difference in the life of a child.

Not to mention, giving a child what they need most. Hope.

We hope you'll join us in embracing & inspiring children of imprisoned parents.



Being a "Big" is something anyone can do!

The only requirements are a willingness to be a friend, to have fun, and to see the world (and yourself) through the eyes of a young person. Most "Bigs" are adults of any age. Even college students and seniors.



"Building a relationship with someone from outside gives kids increased self-motivation. It's a good recipe for success."

THERE ARE ALL KINDS OF BIG BROTHERS.



A Big Brother or Big Sister can open a world of possibilities and opportunities for a young person simply by being a friend. Our "Bigs" consistently say they get even more out of their friendship than the "Littles" do. And our "Littles" grow into adults who often times want to be involved themselves and help another child.



New York's Children of Promise

New York State Participating Agencies

Big Brothers Big Sisters of Brooklyn / Queens
Big Brothers Big Sisters of the Capital Region
Big Brothers Big Sisters of Central Southern Tier
Big Brothers Big Sisters of Chenango County
Big Brothers Big Sisters of Dutchess County
Big Brothers Big Sisters of Erie County
Big Brothers Big Sisters of Long Island
Big Brothers Big Sisters of New York City
Big Brothers Big Sisters of the North Country
Big Brothers Big Sisters of Onondaga County
Big Brothers Big Sisters of Orange County
Big Brothers Big Sisters of Greater Rochester
Big Brothers Big Sisters of Rockland County
Big Brothers Big Sisters of Southern Adirondacks
Big Brothers Big Sisters of Ulster County

Visit www.whichoneareyou.org or call 1-866-766-BIGS

Big Brothers Big Sisters of Westchester County



New York's Children of Promise

Whatever you like to do, the concept of "One Big—One Little" is the key to unlocking the potential in each child, which could dramatically alter the course of his or her life. As a "Big" you get to have fun with a kid for a few hours a month.

How cool is that?

Sign-up now.

To learn more about volunteer opportunities with New York's Children of Promise Program of Big Brothers Big Sisters,

Visit www.whichoneareyou.org or call 1-866-766-BIGS