

Sports Physical Therapy Residency

Why EIM?

In short: relationships, faculty, and location.

- EIM Residents are exposed to a **vast community** of evidence-based practitioners, high quality employers and prospective employees.
- EIM is closely associated with many of the **best academic programs** and other key stakeholder groups in the physical therapy profession.
- EIM is privileged to be associated with **world class faculty** from a variety of the best academic programs and clinical practices in the country. These faculty are internationally recognized for their **contributions to education, research and clinical practice**.
- The extensive community that has formed around EIM provides a **best practice environment** for prospective residents and fellows to receive the highest caliber of training and to become distinguished leaders in evidence-based orthopaedic and manual physical therapy practice.
- Many of our graduates will become **leaders in clinical education** within their practice, affiliate with high quality academic programs and assume leadership positions within APTA, APTA State Chapter organizations, the American Academy of Orthopaedic and Manual Physical Therapists (AAOMPT), the Sports Physical Therapy Section of APTA and the American College of Sports Medicine.
- 90% of the residency happens wherever you happen to be. The five weekend intensive on-site courses occur at EIM Network Partners and academic centers located in **key geographic areas around the country**, providing easy access via automobile and air travel with suitable hotel accommodations in the immediate vicinity.



The Sports Residency Program

The Objective: An 18-month program of post-professional clinical and didactic education for physical therapists designed to advance the physical therapist resident's preparation as a provider of patient care services in sports physical therapy.

The Experience: An intensive combination of didactic, collaborative and clinical education experiences using a combination of distance learning, on-line courses, weekend intensive hands-on courses and clinical practice hours (including athletic venue hours).

The Opportunity: Ongoing clinical supervision and mentoring, with a theoretical basis for advanced practice and scientific inquiry.

The Outcome: EIM's Sports Residency Program is designed so that graduates will:

- Grow as practitioners skilled in sports physical therapy.
- Become highly skilled, autonomous practitioners who have substantially increased their ability to provide care to a full spectrum of patients with athletic injuries.
- Gain a strong base of knowledge of evidence-based practice and preventative and rehabilitative sports therapy techniques.
- Be positioned to both achieve the Sports Certified Specialist (SCS) certification from the ABPTS and to be leaders in the sports physical therapy field.



Curricula

Core Coursework Topics

- EIM SR101- Emergency Response Course for the Sports Therapist (pre-requisite)
- EIM SR102- Sports Physical Therapy Competencies
- EIM SR103- Basic Science of Sport Physical Therapy
- EIM SR104- Sports Nutrition & Performance Enhancement
- EIM SR105- The Female Athlete
- EIM SR106- Across the Ages
- EIM 101- Evidence-based Physical Therapy Practice Online Course: Charting a Course for your Success!
- EIM R102- Management of Lower Extremity Disorders
- EIM R103- Management of Lumbosacral Disorders
- EIM R104- Management of Cervical and Thoracic Disorders
- EIM R105- Management of Upper Extremity Disorders

Mentored Clinical Practice

- Clinical Practicum and Mentorship hours
- Athletic Venue Hours
- Virtual Rounds
- Outcomes Tracking
- EIM SR401- Professional Forum

Capstone Project

- EIM SR301- SCS Preparation Course

Application Process

To obtain an application, please contact us at 1-888-709-7096 or info@eimpt.com.

Cohorts begin every summer. EIM requests notification of intent to participate in the summer cohort by May 1. Completed applications, regardless of notification of intent, are to be submitted by June 1. Applications may be expedited after deadlines, however, we ask that you contact EIM's coordinator of admissions, Donna Cunningham (admissions@eimpt.com) for assistance.

Admission Requirements

1. All residents accepted into the program have successfully completed an APTA-accredited professional physical therapy curriculum.
2. All residents must have a current license to practice physical therapy in the state where mentored clinical practice is planned. This license must not be under suspension, revocation, probationary status or subject to disciplinary proceedings or inquiry.
3. All residents must be active members of the APTA.
4. All residents must have current CPR certification.
5. All residents must maintain one of the following: Licensure as an Emergency Medical Technician (EMT), certification as an Athletic Trainer (ATC) or American Red Cross certification in Emergency Response.



Evidence In Motion

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