



Ramona Braganza, *Celebrity Fitness Guru*

Recognized as one of the top Personal Trainers in the world among the entertainment industry, Ramona has worked as Jessica Alba's personal trainer for the last 10 years and also trained such celebrities as Halle Berry, Anne Hathaway, Jessica Biel, Zac Efron, Bradley Cooper, Kate Beckinsale, Ashlee Simpson Wentz and others. Due to her expertise, she has contributed to many top-tier media outlets and she is a consultant to food and beverage companies, including Glaceau