

PARENTING ON TRACK™

YOUR FAMILY. YOUR SOLUTIONS!

Parent Testimonials

I've been using Vicki's parenting techniques (or my own version of it) for all three of my kids (ages 5, 2, and 9 mo) and I think it's incredibly empowering for both kids and parents. If you haven't checked her out, do it now. Parenting classes may seem cliché and for the weak, but I'll tell you - this parenting style is enjoyable, stimulating and a great challenge as a parent. My 5 year old is independent, strong and a real contributor to my family. Using this style has made my life as a mom more rewarding than I could have imagined.

— Olga M., 3 children 5, 2, and 9 mo.



Parenting On Track™ has had an enormous effect on our family and the way we interact, for the better. We have gained respect and increased independence, patience, and organization. Our quality of life as a family has improved dramatically.

— Jen A., music teacher, 3 children 13, 10, and 8

The two biggest fights in our house were getting homework done and leaving the house in the morning. We no longer fight about either. Attending class showed me how to encourage independence and responsibility in my children.

— administrative assistant, single mother, 1 son, age 12

It is a course no parent should miss, taught by an inspirational instructor who is witty, animated, and cuts right to the chase. — Rosario A., software engineer, 2 children, ages 12 and 7



Parenting On Track™ has helped set a really positive tone in our family. It's all about giving us tools for our toolkits. It's not a magic bullet, but I can't imagine parenting without knowing the strategies I have learned in the program.

— Jane B., CPA, married, three children, ages 10, 8, and 7

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Parenting On Track™ is by far the best information I have come across as a parent and a teacher. It has transformed my relationships with my own children as well as my students. Thank you so much!!! — Amy A., preschool teacher, married, two children, ages 5 and 7

We began to see where our strengths were and where we could potentially get tripped up, and we were able to create resources to support us through some of the challenges we were bound to face. A completely enjoyable experience.

— small business owner and dental hygienist, 5 children, ages 15, 13, 12, 6 and 4

Great down-to-earth advice that is easy to implement and works! A common sense strategy that should be, but isn't always, obvious. Excellent! I have never had an experience that was as helpful as this one. — Holly C., resort owner, 3 children, ages 16, 11, and 7



One of the things I took away from Vicki's class was that we didn't have to do it all at once. Slowly, over the last six months, my husband and I have been revisiting and integrating different concepts that Vicki presented. We've tried some things that I was doubtful about (especially problem solving at family meetings) and have been amazed by how our kids expand fully when we remember to give them the space!

— Kristin D., mother, 3 children, ages 8, 6, and 3



Because the family ethos is one of mutual respect, we feel like a team, like 4 people who can depend upon each other who can call each other out with honesty, in a supportive way, when we are falling down on the job of contributing to the family. That is, in my mind the most important result that we have achieved as a result of Vicki's class." — Katy A., college associate dean, 2 children, ages 8 and 10

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Vicki talks about creating new awareness, and with new awareness comes choice. I had no idea what she meant until I experienced it firsthand. It was a tiny shift, but what happened as a result of that shift changed the direction of my life.

— customer service representative, 2 children, ages 14 and 8

There was a disconnect between the love and respect I wanted to give my daughter and what I thought mothers should do for their children. I thought I was being loving when in fact I was disempowering her. When I became aware of and owned my own agenda and actions in our relationship, we both dropped our mistaken behavior.

— Sally and Jeremy G., massage therapist and baker, married, 1 daughter, age 5

Parenting On Track™ has meant so much to us. As a couple, we are now unified on parenting issues. Parenting is no longer just a mother's job in our home. We also understand why we act like we do as parents, and why our children act like they do.

— Rob and Jen C. painter and architect, 2 children, ages 3 and 6

There is nothing worse than feeling stuck in your own life. My solution was to ask everyone else what they thought I should do. I was hoping, on some level, that Vicki would do the same. Instead, I got a compassionate taskmaster who had faith in me before I had faith in myself. Vicki waited until I was ready to step into my own strengths. When I finally did, I moved with clarity and conviction towards my dream. What a ride.

— stay-at-home mom, 2 sons, ages 5 and 7

This is one of the most powerful ways to impact the next generation.

— Debbie R., CPA, 3 daughters