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# Establishing Best Practices for Lipid Measurement in Patients with Bipolar Disorder

Webcast with Live Q&A Segment  
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**Premiering Tuesday, March 8, 2011, from 12:00 p.m.–1:00 p.m. ET**



**FACULTY INFORMATION**

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**TARGET AUDIENCE**

Physicians, physician assistants, nurses, nurse practitioners, psychologists, pharmacists, social workers, certified case managers, and other healthcare professionals with an interest in bipolar disorder.

**CREDIT INFORMATION**

**CME Credit (Physicians):** USF Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Universal Activity Number:  
 0376-9999-11-003-L01-P (live presentation)  
 0376-9999-11-003-H01-P (recorded programs)

Activity Type: knowledge-based

Post-tests, credit request forms, and activity evaluations can be completed online at [www.neuroscienceCME.com](http://www.neuroscienceCME.com) (click on the Testing/Certification link under the Activities tab—requires free account activation), and participants can print their certificate or statement of credit immediately (70% pass rate required). This website supports all browsers except Internet Explorer for Mac. For complete technical requirements and privacy policy, visit [www.neurosciencecme.com/technical.asp](http://www.neurosciencecme.com/technical.asp). CE credit expires on March 8, 2012.

**Premiere webcast offers a LIVE Q&A segment and qualifies for live CE credit.**

Submit your questions directly to the faculty via phone or web.

Questions? Call CME Outfitters at **877.CME.PROS**.

This activity offers CE credit for:

- Physicians (CME)
- Psychologists (CEP)
- Case Managers (CCMC)
- Nurses (CNE)
- Social Workers (NASW)
- Pharmacists (CPE)

All other clinicians will either receive a CME Attendance Certificate or may choose any of the types of CE credit being offered.

**STATEMENT OF NEED**

Patients with bipolar disorder (BPD) have an increased prevalence of metabolic syndrome and its numerous component risk factors, including dyslipidemia. Recognition of this fact led to the release of joint recommendations from the American Psychiatric Association (APA) and the American Diabetes Association (ADA) regarding metabolic assessment and management in patients with severe mental illness. It also served as an impetus to develop evidence-based measures such as the STAndards for BiPoLar Excellence (STABLE) project. The measure regarding dyslipidemia encourages a high benchmark for clinician performance regarding "the percentage of patients diagnosed with bipolar disorder and treated with an atypical antipsychotic agent who receive at least one assessment for hyperlipidemia within the initial 16 weeks of treatment."

A previous, neuroscienceCME Live and On Demand activity in December 2010 discussed the rationale for lipid measurement in this patient population, established underperformance of such measurement as an important practice gap, and outlined strategies for increasing lipid measurement.

This neuroscienceCME Webcast (reinforcing activity) will further assist clinicians in identifying how to customize and implement a process for increasing lipid measurement that works within their own clinical setting.

McIntyre RS, Danilewitz M, Liauw SS, et al. Bipolar disorder and metabolic syndrome: an international perspective. *J Affect Disord* 2010;126:366-387. Center for Quality Assessment and Improvement in Mental Health. *The STAndards for BiPoLar Excellence Project*. <http://www.cqaimh.org/stable.html>. Accessed December 22, 2010.

**ACTIVITY GOAL**

To increase clinician performance against the STABLE measure related to assessment for hyperlipidemia in patients with bipolar disorder who are being treated with an atypical antipsychotic agent.

**LEARNING OBJECTIVES**

At the end of this CE activity, participants should be able to:

- Express attitudinal competence regarding the call to action to improve rates of appropriate lipid measurement in patients with BPD.
- Skillfully and confidently use patient-centered counseling messages to explain the rationale for lipid measurement to patients with BPD who take atypical antipsychotic agents.
- Increase the rate at which they perform baseline lipid assessment, in accordance with specified APA/ADA joint recommendations and the STABLE measure for dyslipidemia assessment.

*The following learning objectives pertain only to those requesting CNE credit:*

- Identify patient-centered counseling messages that can skillfully and confidently be used to explain the rationale for lipid measurement to patients with BPD who take atypical antipsychotic agents.
- Describe how nursing staff can help the healthcare team devise a plan for increasing the rate of lipid measurement in patients with BPD who take atypical antipsychotic agents.

**FINANCIAL SUPPORT**

This activity is supported by an educational grant from Janssen, a Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc., administered by Ortho-McNeil Janssen Scientific Affairs, LLC., and from Lilly USA, LLC. For further information concerning Lilly grant funding, visit [www.lillygrantoffice.com](http://www.lillygrantoffice.com).

FAX completed form to **614.929.3600**

**YES! Register me for this evidence-based neuroscienceCME Webcast activity on March 8, 2011.**

I will participate online.  I will participate by phone.

**YES! Register me for the online archive.** (Participation details will be sent to you via email.)

Site Name: \_\_\_\_\_ # Participants: \_\_\_\_\_

Individual Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Practice Setting:  Community Mental Health  State Mental Health  Primary Care  Private Practice  Other: \_\_\_\_\_ Phone: \_\_\_\_\_

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