



### KNOW YOUR VALUES INVENTORY

**Instructions:** Review this list of words; pick 20 adjectives that resonant with you the most. Then review those 20 words, selecting only 10. Once you have selected your top 10 words, write each of those 10 words into one of three categories: *Work*, *Love*, and *Community*. The category with the most words reveals where you are currently most focused.

Abundance	Acceptance	Accessibility	Accomplishment	Accuracy
Achievement	Acknowledgement	Activeness	Adaptability	Adoration
Adventure	Affluence	Altruism	Ambition	Appreciation
Approachability	Articulacy	Attractiveness	Awareness	Balance
Beauty	Being the best	Belonging	Bliss	Boldness
Bravery	Brilliance	Calmness	Camaraderie	Candor
Carefulness	Celebrity	Certainty	Challenge	Charity
Charm	Chastity	Cheerfulness	Clarity	Cleanliness
Cleverness	Closeness	Comfort	Commitment	Compassion
Completion	Composure	Concentration	Confidence	Conformity
Consciousness	Consistency	Contentment	Contribution	Control
Conviction	Cooperation	Cordiality	Correctness	Courage
Courtesy	Creativity	Credibility	Curiosity	Daring
Decisiveness	Decorum	Deference	Delight	Dependability
Depth	Desire	Determination	Devotion	Devoutness
Dexterity	Dignity	Diligence	Direction	Directness
Discipline	Discovery	Discretion	Diversity	Dominance
Dreaming	Drive	Duty	Dynamism	Eagerness
Economy	Ecstasy	Education	Effectiveness	Efficiency
Elegance	Empathy	Encouragement	Endurance	Energy
Enjoyment	Entertainment	Enthusiasm	Excellence	Excitement
Exhilaration	Expectancy	Experience	Expertise	Exploration
Expressiveness	Extravagance	Extroversion	Exuberance	Fairness
Faith	Fame	Family	Fascination	Fashion
Fearlessness	Fidelity	Financial independence	Firmness	Fitness
Flexibility	Focus	Fortitude	Frankness	Freedom
Frugality	Fun	Generosity	Giving	Grace
Gratitude	Growth	Happiness	Harmony	Health
Helpfulness	Heroism	Holiness	Honesty	Honor
Hopefulness	Hospitality	Humility	Humor	Imagination
Impact	Impartiality	Independence	Ingenuity	Insightfulness

**The list continues on the other side. Over to continue.**



Inspiration	Integrity	Intelligence	Intensity	Intimacy
Investing	Joy	Justice	Kindness	Knowledge
Leadership	Learning	Liberty	Logic	Longevity
Love	Loyalty	Making a difference	Mastery	Maturity
Meekness	Meticulousness	Mindfulness	Modesty	Mysteriousness
Neatness	Obedience	Open-mindedness	Openness	Optimism
Order	Organization	Originality	Passion	Peace
Perfection	Perseverance	Persistence	Philanthropy	Playfulness
Pleasure	Poise	Polish	Popularity	Power
Practicality	Preparedness	Privacy	Professionalism	Prosperity
Punctuality	Purity	Realism	Reason	Recognition
Recreation	Refinement	Reflection	Relaxation	Reliability
Resilience	Resolve	Resourcefulness	Respect	Sacrifice
Satisfaction	Security	Self-control	Selflessness	Self-reliance
Sensitivity	Sensuality	Serenity	Service	Sexuality
Sharing	Shrewdness	Significance	Silence	Silliness
Simplicity	Sincerity	Skillfulness	Solidarity	Solitude
Spirituality	Spontaneity	Spunk	Stability	Strength
Structure	Success	Support	Sympathy	Teamwork
Temperance	Thoroughness	Thoughtfulness	Thrift	Tidiness
Timeliness	Traditionalism	Tranquility	Trust	Truth
Understanding	Unflappability	Uniqueness	Unity	Usefulness
Utility	Valor	Variety	Victory	Vigor
Virtue	Vision	Vitality	Warmth	Wealth
Willfulness	Willingness	Winning	Wisdom	Wittiness
Wonder	Youthfulness	Zeal		