



Protect Your Teeth with Spry

The Spry Dental Defense System® is a family of high-quality oral care products manufactured using xylitol, a natural sweetener.

Clinical studies have repeatedly shown dental benefits when regularly consuming products sweetened with xylitol.

What is Xylitol?

Xylitol is a natural sweetener with some unique benefits. It is derived from the fibrous parts of plants. When bacteria in the mouth are exposed to xylitol, they lose their ability to stick to the teeth and tissues in the mouth. Furthermore, xylitol has been shown to help increase mineral absorption back into tooth enamel, strengthening them while encouraging normal salivation to help keep the mouth moistened and healthy.

Spry Toothpaste

Start every day right with Spry Toothpaste. Each application contains more than 1/2 gram of xylitol to keep cavity-causing bacteria from effectively adhering to your teeth and gums. Available in Cool Mint.



Spry Oral Rinse

Going well beyond just providing fresher breath, Spry Oral Rinse provides a rich supply of xylitol in a low-alcohol mouthwash to improve oral health. By reducing the ability of bacteria to adhere to the tissues in your mouth, Spry Oral Rinse effectively helps to reduce tartar and complements other Spry products.

Available in Cool Mint.



Spry Chewing Gum

Our delicious gum comes in a variety of flavors including peppermint, spearmint, cinnamon, fresh fruit and strawberry and is a convenient way to get all the benefits of xylitol into your active lifestyle! Spry Gum is 100% xylitol sweetened. It isn't necessary to chew the gum for a long-time -just 4 to 5 minutes will ensure that the xylitol is released into the mouth and gets to work. Each 2-piece packet provides 1.4 grams of xylitol.

Available in 10 pc blister packs and 20 pack cases (200 pcs) in Spearmint, Peppermint, Fresh Fruit, Cinnamon and Strawberry.



Available at:
The Institute for Healthy Living
www.ShopIHL.com
866-746-7445



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