

PATIENT PATHWAY TO SURGERY CHECKLIST

Please use this checklist to make sure that you have completed the necessary steps toward bariatric surgery. If you have any questions along the way or want to check on the status of your chart, please call your patient advocate, ______, at (405) 713-4450.

□ Attend Seminar. Date: _____ Time: _____

□ Call insurance company and ask if Gastric Bypass (Procedure Code 43644), Laparoscopic Adjustable Band (Procedure Code 43770), or Gastric Sleeve (Procedure Code 43843) is a "covered benefit".

□ Schedule Appointment with Bariatric Coordinator: Date: ______ Time: ______ Pay \$300.00 processing fee. This fee must be paid at appointment with Bariatric Coordinator before insurance processing and testing is arranged. Fee will be applied to cost of surgery, not deductibles, office visit co-pays or costs for initial and pre-op consultation with Dr. Gornichec, but will not be refunded if surgery is not completed.

□ To do BEFORE my appointment with Coordinator:

- □ Go TO "Download Patient Forms" section located on the homepage of our website, Weightlosscenterok.com, and bring to consultation appointment.
- □ Request a letter from Primary Care Physician stating their support for bariatric surgery. A sample letter can be found on our website. This letter can be sent directly to our office.
- □ Call Primary Care Physician to order medical records supporting weight loss attempts and weight history if required by insurance. You can use the Request for Medical Records form from the website. These records can be sent directly to our office.

□ To do DURING my appointment with Coordinator:

Schedule Psychological appointment, diagnostic studies (lab work, chest x-ray, EKG, pulmonary function test, echocardiogram, sleep study, etc.), initial consultation with dietitian and with Dr. Gornichec. All testing will be scheduled through our office. Additional testing will be scheduled if necessary.

There will be three evaluations with a Registered Dietitian: 1) Initial evaluation (20 minutes), 2) Pre-Op Class (1 hour), and 3) Follow-Up evaluation (20 minutes) to be scheduled by patient any time up to one year after surgery. Patient is required to pay an up-front fee of \$120.00 at this initial consultation for these evaluations.

□ Attend support group meeting prior to surgery. Go to Weightlosscenterok.com for date and time of next meeting. Support group meetings are held the first Saturday and the third Tuesday of each month.

□ Pre-Operative & Post-Operative Appointments:

- □ Pre-Op Appointment with Dr. Gornichec
- □ Pre-Op Nutrition Class
- □ Pre-Op Lab Work with hospital
- □ Post-Op Appointment with Dr. Gornichec (2 Weeks after surgery)

□ Attend post-op support group meeting.

□ Schedule Post-Op Appointment with Dietitian 1-12 Months after surgery.