

Autologous Stem Cell Transplantation in severe ischemic heart disease patients (N=21)

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Introduction

Numerous studies have demonstrated a beneficial effect of autologous bone marrow stem cells in heart disease patients. The majority of patients treated were post myocardial infarction patients. These cells are easily accessible from patients and can be expanded on a therapeutic scale¹. Clinical studies have shown that a treatment with autologous stem cells can inhibit the adverse remodeling of the left ventricle and improve the function of the heart in a safe and effective way^{2,3}.

Methods

24 Patients with heart disease were treated with autologous bone marrow stem cells. The left ventricular ejection fraction (LVEF), which is a parameter for the heart function⁴, was measured in 14 patients before transplantation and after treatment. The stem cell samples were prepared by centrifugation techniques and their quality was checked. The stem cells were administered intra-arterially by angiography. The patients were either evaluated by their treating physician and with the help of a self-reporting follow-up questionnaire. The follow up period was up to 6 months.

Results

From the 24 treated patients with heart disease 21 patients (87.5%) were evaluated. Clinical improvements were observed in 88.0% of the patients (Figure 1). The patients reported about general improvements, reduced medication, less shortness of breath, less tiredness, less weakness and less edema. In one case the pacemaker could be turned down. The mean percentage of improvement (Delta percentage) of the LVEF was 24.2% (Figure 2-3). The box plot in figure 4 summarizes the LVEF data before and after ASCT01 treatment.

Conclusions

Autologous stem cell transplantation seems to offer a powerful treatment for patients with heart disease. The treatment is able to improve the function of the heart as measured by ejection fraction and to reduce morbidity in the treated patients⁵. There were no severe adverse events reported. Therefore, the autologous stem cell treatment was very well tolerated.

References

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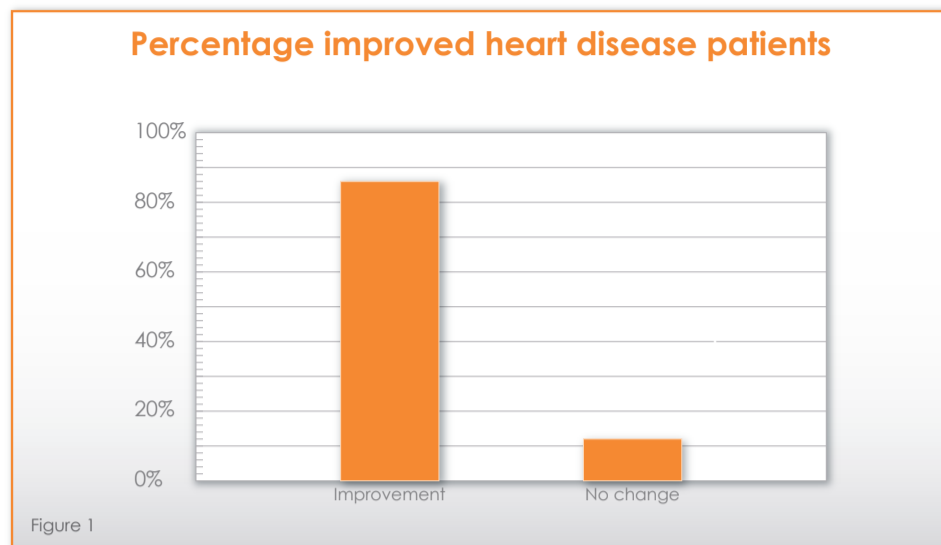


Figure 1

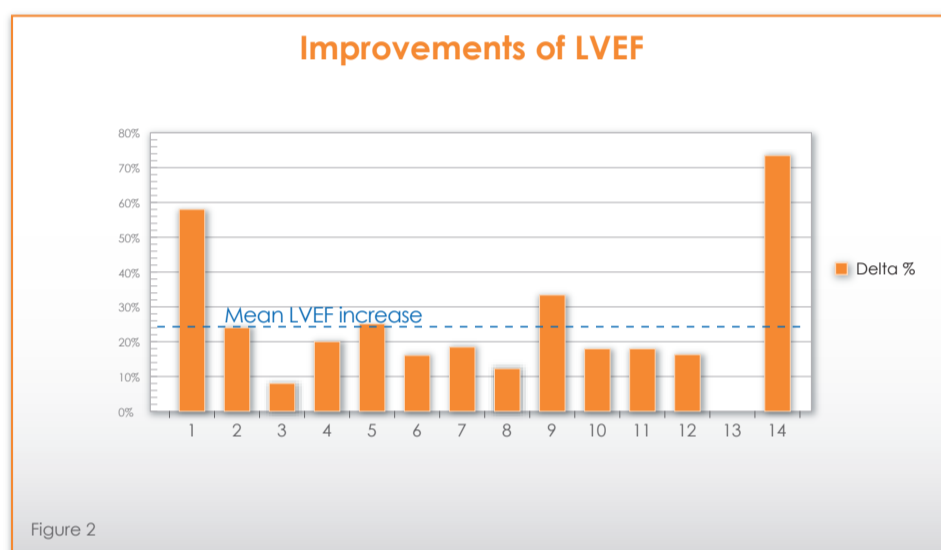


Figure 2

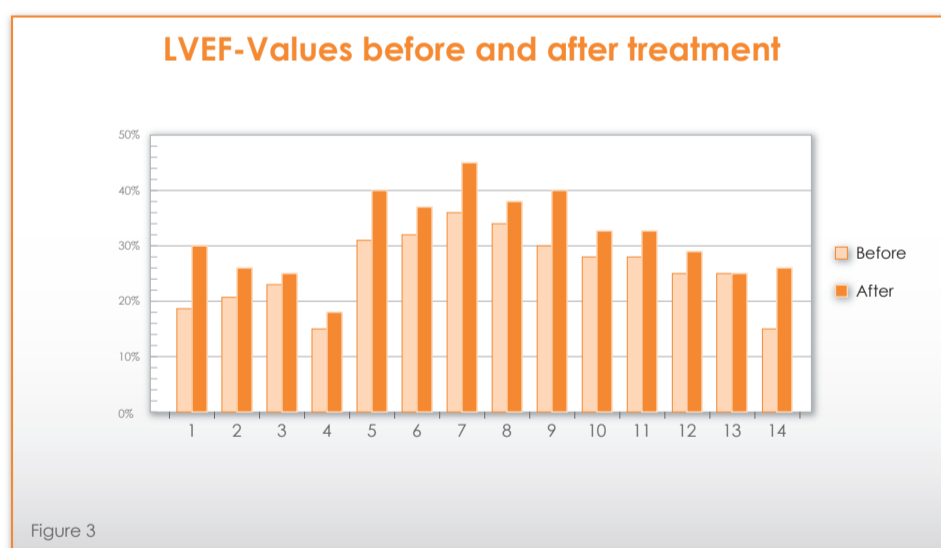


Figure 3

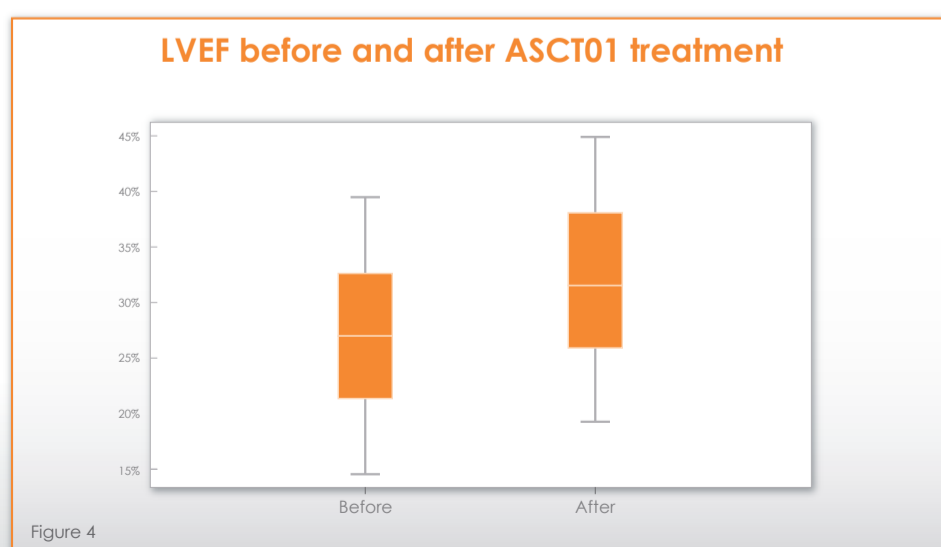


Figure 4