# Laurence N. Benz, PT, DPT

Board Certified Orthopedics and Clinical Electrophysiology President and CEO PT Development LLC

### **Work Contact Information:**

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# **Summary**

Dr. Benz is the President/CEO/Founder of PT Development LLC a Florida based private equity fund with operating holdings in physical therapy, urgent care, consulting, medical education, occupational medicine, medical trustee and receivership. He was also the founder of Kentucky Orthopedic Rehab Team (KORT), a private practice outpatient physical therapy provider with over 30 clinics in Kentucky and Southern Indiana which he sold in 2007. A developer of numerous entrepreneurial businesses, he is nationally recognized for his expertise in private practice physical therapy, industrial medicine and marketing. In 2006, he received the Gallup Healthcare Award for Excellence in Healthcare and was a U.S. Ernst and Young Entrepreneur of the Year Finalist. Dr. Benz's professional specialties include: Industrial/Occupational Injury and Prevention, Managed Care, Electromyography/Nerve Conduction Studies, Cumulative Trauma Surveillance, Outcome Studies, and Socioeconomic/Reimbursement Issues. He is a principle in the largest weblog and social networking site in the physical therapy industry.

### **Professional Experience**

PT Development LLC, Sarasota, FI	Founder & President	2003—Present
Evidence In Motion LLC, Louisville, KY	Founder	2005—Present
Texas Physical Therapy Specialists, San Antonio, TX	Founder	2004—Present
ProRehab, Evansville, IN	Principle	2007-Present
Physicaltherapist.com, Ocala, FL	COO & Co-Developer	1996—Present
Kentucky Orthopedic Rehab Team, Louisville, KY	Founder & President	1987—2007
US Army Medical Specialists Corps, Ft. Knox, KY	Captain	1984—1989

# **Education**

MGH Institute of Health Professions	Physical Therapy	2005 — 2005	DPT
The Ohio State University	Business	2000 — 2001	MBA
US Army Baylor University	Physical Therapy	1984 — 1985	MPT
Bowling Green State University	Biology	1980 — 1984	BS

### **Professional Licensure and Board Certifications**

1986 – Present Physical Therapy License

License: KY PT-001366, License Indiana, License Texas

Expiration Date: 3/31/2011

1994 – Present Board Certified Clinical Specialist in Orthopaedic Physical Therapy (OCS)

American Board of Physical Therapy Specialties

**ABPTS #825** 

1999 – Present Board Certified Clinical Specialist in Clinical Electrophysiologic

Physical Therapy (ECS)

American Board of Physical Therapy Specialists ABTPS #2979

#### **Awards**

2009	Private Practice Section, APTA Best Physical Therapy Practice, Texas Physical Therapy
2007	Best Places to Work in Kentucky Award Winner (KORT)
2006	Gallup Healthcare Award for Excellence
2006	Ernst and Young Entrepreneur of the Year Finalist (Healthcare)
2006	Ernst and Young Entrepreneur of the Year Regional Winner
	(Healthcare – South Central Ohio / Kentucky))
2006	Business First Partner in Health Care Winner (repeated in 2007,2008,2009, 2010)
2006	US Army-Baylor University Outstanding Alumni
2006	Best Places to Work in Kentucky Award Winner (KORT)
2005	Best Places to Work in Kentucky Award Winner (KORT)
2000	Businessman of the Year Award-Kentucky
1996	Distinguished Service Award, Section on Clinical Electrophysiology, APTA,
1995	Physical Therapy Outstanding Service Award, Kentucky Physical Therapy Association,
1989	US Army Meritorious Service Medal Winner

# **Memberships/Affiliations**

American Physical Therapy Association (APTA)
Kentucky Chapter, American Physical Therapy Association (KPTA)
Private Practice Section, American Physical Therapy Association
Orthopedic Section, American Physical Therapy Association
Clinical Electrophysiology Section, American Physical Therapy Association
Young President's Organization
Greater Louisville Inc.

# Offices Held

Chairman Bluegrass Chapter, Young President's Organization (YPO)
Chairman, Socioeconomic Committee, Kentucky Physical Therapy Association, 1990 - 1995
Nominating Committee, Clinical Electrophysiology Section, APTA, 1990 - 1993
Chair, American Board of Physical Therapy Specialty Council, Clinical Electrophysiology, 1993 - 1994
Associate, American Academy of Clinical Neurophysiology
Adjunct Faculty, School of Physical Therapy, University of Kentucky
Adjunct Faculty, School of Physical Therapy, Bellarmine University
Member Consultant, APTA
University of Kentucky College of Allied Health Professions Development Council

#### **Boards**

Foundation for Physical Therapy
Rocky Mountain University
Blue Dolphin (NASDAQ: BDCO)
Young President's Organization (YPO) Bluegrass Chapter
Neighborhood Engagement
University of Louisville Board of Overseers
TPI/Paradigm Medical Management
AcuteCare of Elizabethtown
National Directory Assistance LLC

### **Publications and Presentations**

#### Articles:

2009 Benz L, Wainner RS. A Brand You World. Impact 2009; April issue pp 12-13.

2007 Wainner RS, Benz LN, Flynn TW, Childs JD. How to Leverage Technology for Clinical Success: are you Pulling or Pushing? Impact 2007; August (Part I):32-34.

2007 Wainner RS, Benz LN, Flynn TW, Childs JD. How to Leverage Technology for Clinical Success: are you Pulling or Pushing? Impact 2007; September (Part II):32-34

2006 Childs JD, Benz, LN, Wainner RS. Translating clinical research to clinical practice: How to hit a moving target or "Evidence in Motion". Canadian Orthopaedic Division Review. 2006 Sept/Oct:23-25 (www.orthodiv.org)

2006 Benz, LN, Childs JD, Wainner RS, Flynn TW. Evidence-Based Practice: Passing Boomer Fad or Health Care Reality? Part I. *Impact.* 2006. Volume 3, Issue 10.

2006 Benz, LN, Childs JD, Wainner RS, Flynn TW. Evidence-Based Practice: Passing Boomer Fad or Health Care Reality? Part II. *Impact.* 2006. Volume 3, Issue 11.

2005 Benz, LN. Stretching Before Running and Other Myths. The Case for Evidence-Based Practice. *Kentuckiana Health and Fitness.* (October)

# Book Chapter / Contributor:

"Carpal Tunnel Syndrome Measurement and Surveillance Management" in Comprehensive Guide to Work Injury Management, Aspen Publishers, 1994 (Book Chapter)

Repetitive Motion Disorders of the Upper Extremity
Stephen L. Gordon, Sidney J. Blair, Lawrence J. Fine, Editors
American Academy of Orthopedic Surgeons, 1995
(Contributor)

#### Presentations

Clinical Excellence Begins with World Class Service: 2010 International Private Practice Business Summit. Canada, Jan 2010 and Private Practice Section November 2010

*Creating Centeres of Excellence.* APTA Creating a Culture of Collaboration: Vitalizing Practice Through Research and Research Through Practice". Philadelphia, PA, Dec 2009

Charity: Good For Business? Private Practice Section, American Physical Therapy Association, Colorado Springs, CO. Nov 2009

Current Controversies in Physical Therapy: The 2009 Rothstein Debate: "Medicare Guidelines in Physical Therapy-Overregulation or Necessity?", American Physical Therapy Association, Physical Therapy 2008: Annual Conference & Exposition, Baltimore, MD, June 2009

Building EBP Systems in Private PT Practice: Implications on Consumers, Referral Sources, and Payers, Private Practice Section, APTA 2008 Annual Conference, Orlando, Fl, Nov. 2008

Current Controversies in Physical Therapy: The 2008 Rothstein Debate:"Does the Current Model of Clinical Education Really Prepare Students for Practice?", American Physical Therapy Association, Physical Therapy 2008: Annual Conference & Exposition, San Antonio, Tex, June 2008

Physical Therapists and 21<sup>st</sup> Century Health Care: Direct Employer Contracting is the Way Forward, American Physical Therapy Association, Physical Therapy 2008: Annual Conference & Exposition, San Antonio, Tex, June 2008

*Integrating Evidence into Private Practice*, Private Practice Section, American Physical Therapy Association, Combined Section Meeting, Boston, MA, Feb. 2007

What Matters to the "Players" in Physical Therapy?, Scully Distinguished Lecture, University of Pittsburgh, Feb. 2007

Customer Service and Quality Care: Success in Today's Competitive Healthcare Market, Fall Symposium, Colorado Chapter, American Physical Therapy Association, Denver, CO, Nov. 2006.

What Insurances Know about EBM and Does It Affect You?, Private Practice Section, American Physical Therapy Association, Miami, FL, Oct. 2006.

Translating a Practice to Evidence-Based. Gallup Healthcare Excellence Conference, Omaha, NE, Oct 2006

Pay for Performance Invited Debater, First Annual Rothstein Debate, American Physical Therapy Association Annual Conference, June 24, 2006, Orlando, FL.

Integrating Evidence into Private Practice, Private Practice Section, American Physical Therapy Association, Phoenix, AZ 2005

EBP Buzzword or Reality. Insurance Summit, Louisville, KY. Nov 2005

Marketing, Customer Service, Contrarian Truths of Physical Therapy, Metrics of a PT Practice. Numerous presentations to DPT programs at Elon College, Northern Arizona University, Regis University.

Specialization in Physical Therapy, Keynote address American Physical Therapy Association CSM Boston, MA Feb 2002

Ergonomic Injury Management Training Course, Chicago, IL, June 2000; Houston, TX, Sept 2001; Washington D.C., June 2001

Disability Management, Consulting to Industry, Outcome Studies, Isemhagen National Ergonomic Conference, Duluth, MN, August 2000

Worker's Compensation and Physical Therapy, *Importance, Impact, Trends,* Kentucky Physical Therapy Association, Louisville, KY, October 1993

How to Save Money in Medical Rehabilitation, Paducah, KY, March 1999

Upper Extremity Cumulative Trauma Disorders and Treatment, Multiple dates and locations

Back to Work --- Use of Objective Information in Return to Work Status, Louisville Industrial Foundation, Louisville, KY, March 1999 and multiple other dates and locations

Upper Extremity Cumulative Trauma Disorders and Treatment, Multiple dates and locations