

WILDERNESS TRAVEL SPECIAL EVENTS PRESENTS



A Unique Symposium:
Ancient Kingdoms of Peru

Followed by a Special Tour

Royal Estates of the Sacred Valley
with Dr. Joanne Pillsbury

July 2 – 14, 2011



Wilderness Travel

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The Symposium

This journey is part of our Special Event: Ancient Kingdoms of Peru, combining a tour program with a symposium featuring leading experts on the Incas.

Our newest symposium offers a unique opportunity to experience the extraordinary pre-Inca legacy of Peru at a rich array of fascinating sites—and to travel with and get to know the famed scholars who did the seminal work at these sites and continue scientific fieldwork throughout the region. As we travel, our Guest Speakers—some of the legendary figures in the world of Andean archaeology—share fascinating presentations and escort us on in-depth excursions including special “behind the rope” visits to active excavations not normally open to the public. Our Guest Speakers include **Dr. Richard Burger**, one of the world’s preeminent Andean archaeologists and Director of Yale’s Peabody Museum, **Dr. Michael Moseley**, author of *The Incas and Their Ancestors*, the classic book on pre-Inca cultures, **Dr. Walter Alva**, renowned for his discovery of the extraordinary tombs of the Lord of Sipán, **Dr. Joanne Pillsbury**, leading scholar on the art of the ancient Americas, and **Dr. Luis Jaime Castillo**, who discovered the Tomb of the Priestesses at San Jose de Moro.

Royal Estates of the Sacred Valley with Dr. Joanne Pillsbury

Symposium, Cusco, Pisac, Chinchero, Ollantaytambo, Machu Picchu

This special journey to the heartland of the Incas is led by Dr. Joanne Pillsbury, an expert on ancient Peruvian art and architecture, and was inspired by the upcoming 100th anniversary of Hiram Bingham’s “scientific discovery” of Machu Picchu. We join Dr. Pillsbury to explore the most important temples of the Incas in and around their capital, Cusco, as well as the fascinating royal Inca estates and sites of the Sacred Valley. Highlights include the Coricancha (Temple of the Sun), the ceremonial heart of the Inca Empire, Saqsayhuaman, with its massive zig-zag walls dominating the hills overlooking Cusco, the spectacularly sited ruins at Pisac and Ollantaytambo, and, of course, incomparable Machu Picchu, the mystical lost city. Throughout our journey, we will encounter traditional Quechua culture, including a visit to the colorful market at the village of Chinchero, and benefit from Dr. Pillsbury’s extensive knowledge of the region.

Detailed Itinerary

The Symposium: Ancient Kingdoms of Peru

July 2 Lima

Arrive in Lima, where you are met and transferred to the Casa Andina Hotel in Miraflores for overnight. Meals en route to Lima and on this first night are on your own.

July 3 Chiclayo

We gather this morning after breakfast for a welcome and our opening presentation, *Cultural Adaptations to Andean Environments*, by Dr. Michael Moseley. Afterwards, we tour the famous Larco Museum, one of the world's great collections of pre-Hispanic Peruvian art, enjoying a lunch in the museum's garden. This afternoon we fly north to the city of Chiclayo where, after time to rest and freshen up, we enjoy a cocktail reception and dinner. Overnight at the Grand Hotel Chiclayo...**BLD**

July 4 Chiclayo

Our morning excursion brings us to the Royal Tombs of Sipán, discovered in 1987 by Guest Speaker Dr. Walter Alva. His discovery was a stunning archaeological event that uncovered the largest collection of gold artifacts ever found in the Western Hemisphere. We then visit Cerro Ventarrón, where Dr. Alva has recently uncovered the oldest known polychrome mural in the Americas. At the spectacular Royal Tombs of Sipán Museum in Lambayeque town, we enjoy our lunch in the museum's garden and take an afternoon tour of the museum. The museum itself is striking, built to resemble the pre-Columbian pyramid under which Dr. Alva found the "treasures of Sipán." After the tour, Dr. Alva will offer our second presentation, *Recent Archaeological Investigations at Sipán and Cerro Ventarrón*. Our third presentation is *Digging the Tombs of the Priestesses at San Jose de Moro*, by Dr. Luis Jaime Castillo. Dinner and overnight at the Grand Hotel Chiclayo...**BLD**

July 5 Trujillo

En route to Trujillo, we explore the site of San Jose de Moro, where Guest Speaker Jaime Castillo has been excavating for the last 20 years. With the field season in full swing, this is a special opportunity to experience an active archaeological dig. We continue to Paso Payjan for lunch, with a chance to watch Peruvian marinera dancing and an exhibition of Peruvian Paso horses, the national horse of Peru. Continuing our drive, we stop in the Chicama Valley and enjoy a special exploration of the El Brujo archaeological site, with its extraordinary painted reliefs, and visit the Museum of the Lady of Cao, where the mummy of the first female Moche ruler is displayed. Before dinner, we enjoy our fourth presentation, *Splendors of the Northern Dynasties*, by Dr. Joanne Pillsbury. Dinner and overnight at the Hotel Libertador Trujillo...**BLD**

July 6 Trujillo

This morning's excursion brings us to the massive Temple of the Moon, a site of major excavations that is believed to have been part of an ancient Moche capital. Following our full exploration here, we continue on to Chan Chan, capital of the later Chimu Empire and the largest pre-Columbian city in the Americas. After separate orientation meetings for each of the post-symposium tours, we gather this evening for our final presentation, *New Frontiers in the Archaeology of Peru*, by Dr. Richard Burger, and our farewell dinner. Overnight at the Hotel Libertador Trujillo...**BLD**

Royal Estates of the Sacred Valley: A Special Journey led by Dr. Joanne Pillsbury

July 7 Lima / Cusco

We fly from Trujillo to Lima and connect with a spectacular flight over the Andes to Cusco (11,200'). After settling in to our hotel, we drink a cup of maté de coca (the local herb tea) to help us acclimatize to the high altitude and have time to rest and take deep breaths! Lunch is on your own. In the afternoon, our walking tour brings us through central Cusco for a glimpse of the city considered by the Inca to be the geographical and spiritual center of their universe. Much of the exquisite Inca masonry used to build the numerous residential compounds for the families, or *panacas*, of each successive Inca ruler is still found throughout the red-roofed city. The highlight of our walking tour and introduction to the Inca world is the impressive Coricancha, or Temple of the Sun, whose walls were once

lined with gold. We gather for our Welcome Dinner this evening. Overnight is at the Casa Andina Private Collection, a boutique hotel built around a colonial mansion in the heart of old Cusco. The hotel has a warm atmosphere and attentive staff and is just a few blocks from the Plaza de Armas...**BD**

Cusco: Inhabited by proto-Incas as early as the 12th century AD, Cusco was completely rebuilt in the early 15th century by Pachacuti, the most famous and successful Inca warrior-king. He and his son Tupa were the two rulers most responsible for the Incas' success in establishing the largest kingdom ever formed in the Americas, one which rivaled the Ottoman Empire in size. Pachacuti is also credited with creating the Incas' form of worship, system of government, and the distinctive masonry styles we still marvel at today. Cusco was the heart of Tahuantinsuyo, the Land of the Four Quarters, as the Incas called their kingdom, and the boundary lines for each quarter of the kingdom originated from its main plaza. This elegant imperial city was laid out in the shape of a puma. The great fortress-like temple of Saqsayhuaman, which overlooks the city, formed its head, while palaces, temples, squares, and streets formed the puma's body and legs. Cusco's opulent inner sanctum, the Coricancha, or Temple of the Sun, once glittered with gold. It is often said that the majority of the gold used to pay the Inca Atahualpa's infamous Spanish ransom came from here. Today much of the temple's masonry forms the foundation for the colonial Santo Domingo church. Although the Spaniards looted the city's gold and silver, most of Cusco remained undisturbed after Pizarro, the Spanish conqueror, made his triumphant entrance into the capital in 1533. But in 1536, Manco II, the rebel Inca, led an attack against the Spanish, and Manco's men used slingshots to rain hot coals into the city, setting it ablaze. The Spanish triumphed, but the once-glorious city was left a smoking ruin.

July 8 Cusco

Our full-day tour of Cusco and nearby ruins includes Saqsayhuaman, the monolithic Inca fortress overlooking the city, and the temple and amphitheater at Kenko. Stunning Saqsayhuaman has some of the most impressive Inca walls in existence, built in a zig-zag pattern of hundreds of perfectly fitted stone blocks that weigh up to 130 tons each. This massive site is often called a fortress, but more likely it was a sanctuary and temple to the sun. Pizarro's conquering troops lived at Saqsayhuaman from about 1533 to 1536, until the rebellion of Manco Inca. Our day includes a visit to the Incan Museum, where we are hosted by Dr. Jorge Flores Ochoa, Professor of Anthropology at the National University of San Antonio Abad and Director of the museum. Overnight at Casa Andina...**B**

July 9-10 Sacred Valley of the Incas / Chinchero / Pisac

The Urubamba Valley was sacred to the Incas for many reasons, a key one being that it has an agreeable climate and fertile plains, a rare combination in the high Andes. It was also the route to the jungle the Incas used to bring tropical fruits and plants to the highlands (including coca, which was, and still is, used in rituals). The valley is well known for its spectacular terracing, constructed during Inca times for growing maize, a prestige crop that needed irrigation in these dry highlands. Our explorations include the ruins of Chinchero, a royal estate of Tupa Inca (Pachacuti's son). Chinchero is located at 12,000 feet on a wide plateau just above the Sacred Valley. The present-day town has a large and very colorful Indian outdoor market. The town's 17th century church is quite beautiful and is built atop an old Inca temple. We also explore Pisac, a spectacularly sited royal estate thought to have been erected by Pachacuti in honor of his victory over the tribes north of Cusco. Pisac offers wonderful examples of Inca stonework and engineering and is a classic Inca *pucara*, a huge defended area into which the entire population of a wide area could retreat during a military threat. Despite its natural defenses, the Incas made no stand here against the Spaniards. The fine Inca terraces of Pisac are still cultivated by local inhabitants, and the terracing exhibited here reflects a level of engineering ingenuity unrivaled anywhere else in South America. Overnights at the Sonesta Posadas del Inca, located in a former 18th century colonial-style monastery and surrounded by beautiful gardens...**BL each day**

July 11 Sacred Valley of the Incas / Ollantaytambo

Ollantaytambo holds the ruins of the major Inca fortress/estate where rebel Manco Inca and his men held out against Pizarro's forces in one of the only battles the Spaniards lost. We explore the fortress, as well as the exquisite traditional village below the ruins, a living Inca village that retains the stonework, narrow streets, and family courtyards of its original Inca plan. Overnight at Pakaritampu, a cozy hotel with a countryside feeling just a few blocks from the main plaza in the traditional village of Ollantaytambo....**BL**

July 12 Machu Picchu

A short, scenic train ride further down the Urubamba Valley brings us to Machu Picchu, the crown jewel of Inca sites. Perched on a promontory at the easternmost reaches of the Sacred Valley, Machu Picchu—unlike most Inca complexes—was untouched by the Spanish Conquistadors. Fully uncovered and meticulously documented, this ancient city offers wonderful insight into the life of the Inca elite. Built by the great Inca Pachacuti, Machu Picchu contains multiple architectural references to the claims upon which his legitimacy rested and was certainly meant to host religious observances. The main purpose of Machu Picchu, however, is understood to have been to provide Pachacuti and his family a country retreat during the months of June, July, and August. Thus, unlike many palaces around the world built to impress outsiders, it is thought Machu Picchu was created as a site for retreat and repose. After exploring the ruins with Dr. Pillsbury and a site guide, we overnight at the Machu Picchu Pueblo Hotel at Aguas Calientes, just below the ruins. The hotel features beautiful cottages connected by stone pathways and scattered around 12 acres of lush tropical gardens. There is an on-site restaurant with excellent regional cuisine, as well as a spa and pool....**BLD**

Machu Picchu: So well hidden in the jungle-covered ramparts of the Cordillera Vilcabamba that the Spaniards never knew of it, Machu Picchu allows us a unique glimpse into the Inca world. Our visit will coincide with the 100th anniversary of American historian Hiram Bingham's rediscovery of the site, which he found while searching for the ruins of legendary Vilcabamba, the base for the rebel Manco II's long rebellion against the Spaniards. A villager told Bingham about some ruins on a high ridge above the Urubamba River and led him there. Thinking he had found Vilcabamba, Bingham returned in 1912 and 1915 to undertake the difficult task of clearing the thick forest that had engulfed the ruins. Peruvian archaeologist Luis Valcarcel undertook further studies and vegetation clearing in 1934. Archaeologists have since discovered that the real Vilcabamba was built of mud bricks and located much lower in the jungle and that Machu Picchu was a new site previously unknown to archaeologists. It was built, occupied, and then abandoned in the course of 100 years. The many beautiful altars, terraces, fountains, and mysterious chambers of the city all display intricate stonework. With its incomparable setting and intact architecture, Machu Picchu is without doubt one of the most stunning archaeological sites in the world.

July 13 Machu Picchu / Cusco

We continue our exploration of the mysterious ruins, with the special privilege of being joined at the site by Dr. Fernando Astete, Director of the Machu Picchu Archaeological Park. Featured in the 2010 *Nova* program, *Ghosts of Machu Picchu*, Dr. Astete is the foremost Peruvian expert on the archaeological sanctuary, where he has been director since 2001. We take the afternoon train back to Cusco, arriving around 6:00 p.m, and gather for our farewell dinner. Overnight at the Casa Andina Private Collection...**BLD**

July 14 Lima / Depart

After a morning in Cusco for last-minute shopping and sightseeing, we fly to Lima, where day rooms are held for us at the airport hotel. Meals and any activities are on your own. Depart on homeward-bound flights this evening...**B only**

Tour Cost & Important Trip Details

2011 LAND COST:	\$5995 (13-15 members) \$6295 (10-12 members) \$6695 (8-9 members)
Single supplement:	\$995
Internal airfare:	\$705 <i>subject to change</i>

To offer the lowest possible cost, all of our trips are priced according to the number of participants on the trip. Costs are based on double occupancy. If you wish to have a single room, you must pay the single supplement fee. If you are willing to share accommodations, we will match you with a roommate if one is available. If we cannot match you with a roommate, the single supplement will apply.

Because the prices published for our program are set so far in advance of the trip dates, we are occasionally faced with exceptional cost increases and/or currency fluctuations that affect the actual cost of running the trip. In most years, no price changes are necessary. However, we do reserve the right to raise or lower the trip price if there is a significant change in costs or exchange rates. If this is the case, your final invoice, sent out 3.5 months prior to departure, will reflect the difference in trip price. Please note that Wilderness Travel staff, trip physicians, or guests of Wilderness Travel such as travel writers, photographers, or leaders-in-training, are not included in the tier pricing count.

Internal Air: We will purchase your internal air tickets locally in Peru. For this trip, internal airfare includes flights Lima/Chiclayo, Trujillo/Lima/Cusco, and Cusco/Lima.

Land Costs Include

- Program of presentations and lectures by guest experts during symposium
- Wilderness Travel Trip Leader and local guides
- Accommodations on the symposium and tour
- Meals as indicated (**B**=Breakfast, **L**=Lunch, **D**=Dinner)
- Land transportation
- Entrance fees to archaeological sites
- Airport transfers for passengers on group flights

Land Costs Do Not Include

International airfare, internal flights; transfers for independent arrival or departure; airport departure taxes, photo/video fees at archaeological sites; optional tipping or gratuities to leaders, guides, or other staff; additional hotel nights made necessary by airline schedule changes or other factors; pre-trip expenses such as medical immunizations, traveler's insurance, passports or visas required for travel, and any expenses of a personal nature (alcoholic beverages, laundry, and so on).

RESERVATION AND CANCELLATION POLICY

To reserve your place, please complete and mail a Wilderness Travel trip application along with a deposit of \$750. For immediate confirmation, call us at 1-800-368-2794 and charge the deposit to your Visa, MasterCard, or American Express credit card.

Note: Payment Schedule, Cancellation Policy, and Single Supplement Policy for *Ancient Kingdoms of Peru* differs from the policy stated in our annual catalog for regular trips.

PAYMENT SCHEDULE

At time of reservation	\$750
Due six months prior to departure	25% of land cost
Due 90 days prior to departure	Balance

CANCELLATION POLICY

Minimum cancellation fee	\$750
91-180 days prior to departure	25% of land cost
90 days or less prior to departure	100% of land cost

We reserve the right to treat the reservation as canceled if payments are not received when due.

TRAVEL AGENTS

Due to special pricing considerations, travel agent commissions are not available on this Special Event.

ARRIVAL / DEPARTURE

Lima, Peru, is the meeting point for the journey. All participants arriving in Lima on July 2 will be met and transferred to Casa Andina Hotel in Miraflores. At the end of the trip, day rooms will be available at the Ramada Costa del Sol Airport Hotel in Lima before departure on US-bound flights. Our *Arrival & Departure Logistics* memo has detailed information.

Trip members make their own arrangements for air transportation. Suggested flight routings and airlines are included in our *Arrival & Departure Logistics* memo, sent with your confirmation packet. *Please review your proposed air schedule with us before purchasing your tickets.* Once flights have been booked, please fax (1-510-558-2489) or email (latinamerica@wildernesstravel.com) us a copy so that we can inform the Trip Leader of your flight times. Please include your Trip Name and Trip Dates with your flight information. Due to airline schedules, an extra overnight may be necessary at either the start or end of your trip. This is an 'on your own' expense. We are happy to book most extra hotel nights or extra airport transfers for you. The name on your airline ticket must *exactly* match the name on your passport; otherwise you may be denied boarding. Please remember this when reserving your flights. In addition, your passport must be valid for at least six months after your date of return to the US (in most cases).

Leadership

Guest Speaker

Joanne Pillsbury, PhD, is Director of Pre-Columbian Studies at Dumbarton Oaks, a research institute of Harvard University located in Washington, D.C. She was previously Dumbarton Oaks Professor of Pre-Columbian Studies at the University of Maryland. She is an archaeologist and art historian whose research centers on the ancient Americas, with an emphasis on the cultures of Peru. Dr. Pillsbury has authored and edited numerous books including *Moche Art and Archaeology in Ancient Peru*, *Palaces of the Ancient New World* and the encyclopedic three-volume *Guide to Documentary Sources for Andean Studies, 1530-1900*.

Wilderness Travel Trip Leader

Peter Boehm was born and raised in Germany and later moved to Cusco, Peru, where he has spent the latter part of his life. One of the most experienced trekking guides in the Peruvian Andes, Peter has a fascination with Andean culture and an astounding knowledge of the remote trails and hidden ruins of the ancient Inca Empire. He is an avid hiker and a wonderful traveling companion with a gift for sharing his insights into the Inca world, past and present.

Additional Information

WHAT THE TRIP IS LIKE

This trip is Level 2, Easy to Moderate. It features sightseeing with day walks and we enjoy hotel and lodge accommodations throughout the trip. Much of the trip takes place at considerable altitudes, ranging from 7,500 feet at Machu Picchu to over 11,000 feet at Cusco. Appropriate time for rest and acclimatization is included in the itinerary, but for your own enjoyment of the trip, we recommend that you make a special effort to be in good physical condition.

CLIMATE AND WEATHER

Altitude is the main factor controlling the climate in Peru's mountains. While in the mountains, we encounter warm, sunny days with daytime temperatures ranging between 65° and 75° degrees. The sun is very strong at high altitude and it can often be warm enough to wear a T-shirt. However, it can also get extremely cold; if you're familiar with mountain weather, you know how suddenly it can get cold even in the daytime if the sun slips behind a cloud! Nighttime temperatures can drop to well below freezing at altitudes over 8,000 feet. Rain should not be a problem, but always keep in mind that Andean weather is unpredictable and sudden storms can occur. The best preparation for the climate of the high Andes is to dress in layers.

CHOOSING THE RIGHT TRIP

Adventure travel often involves exotic destinations, unusual levels of physical exertion, or activities you may not have participated in previously. We work hard to help you choose the right trip for you, paying attention to your individual interests, abilities, and needs. If you have questions about the level of comfort or any of the activities described in this itinerary, please call Wilderness Travel at 1-800-368-2794 and ask for our Peru Manager, or email latinamerica@wildernesstravel.com.

REFERENCES

We are proud to have an exceptionally high rate of repeat travelers. We'd be happy to put you in touch with a past client who has been with us in Peru.

DEPARTURE NOTES

Once you have signed up on the trip, we send you Departure Notes that include a complete packing list, relevant health information, required travel documents, background information, and a reading list.

VISIT US ONLINE

At www.wildernesstravel.com, you can find out about added departures, last-minute deals, and special WT Expeditions that aren't listed in our catalog. You can also access a complete library of our detailed itineraries and browse through the customized reading lists for each of our adventures.

Please be advised that California has established a Travel Consumer Restitution Fund under the California Seller of Travel Law which took effect January 1, 1996. This fund is designed to protect consumers from unscrupulous practices by discount airfare ticket sellers or air charter operators. Unfortunately, this law does not cover non-California residents and, even in the case of California residents, it does not cover any foreign travel where the foreign "providers of transportation or travel services" are not in compliance with the Sellers of Travel Law (compliance being defined as registered as a Seller of Travel in California and a participant in the Travel Consumer Restitution Fund). Thus none of Wilderness Travel's tours qualify and we are required by law to advise each client that they are not covered by the California Travel Consumer Restitution Fund. California law requires sellers of travel to maintain a trust account or bond. This business has a trust account. *California Seller of Travel #1007696-40*

While as accurate as possible at the time of printing, this itinerary should be considered an approximate indication of the schedule and scope of activities and trip routing, rather than an inflexible schedule of events; it is subject to change due to circumstances beyond our control. This trip is subject to the Limitation of Liability and all the terms and conditions as detailed in the **General Information** section of the **Wilderness Travel** catalog.

Revised October 1, 2010