

What are people saying about us...

"I have to tell you that through Treatment Diaries I have been able to connect with one of the oldest survivors living with Hypoplastic Left Heart Syndrome! Amazing!"

"It is nice to have a place to come to and just "vent" about my day without bombarding my friends with "woe is me" emails or staying off the computer completely. My friend found this place and I hope it does help to express myself without feeling vulnerable."

"Wow thank you all for your support! It's been a huge struggle getting here and it still feels like a challenge. I still keep getting these moments of utter sadness ... it especially hits at night! So I thank you all for commenting and hugs ... they are very much needed!"

"I know exactly how you feel, and sometimes I wonder why do I even try? It's because we have hope! And hope is the spark that keeps the fire of life going! I am praying things change for you quickly....and you do provide support! You are "here" and we all know just having someone to listen is just an incredible amount of support!! And we are lucky to have you..."

"I'm feeling sort of empty, emotionless and joyless this evening. I'm hoping this diary will allow me to vent and share and interact with people who can understand what I go thru day after day after day..."

"I am hoping for the best for you. I have found that this site does help, Sitting in front of this screen and sometimes crying while I type helps. It has been a major plus in my life to find people who accept me for who I am."

"Yah this place (TD) is pretty marvelous. I wish you lots of luck. It's tough especially with Children. You want to be able to give them so much but when you're sick taking care of yourself sometimes makes that so hard. I think anyone dealing with a disease can sympathize and understand especially the depression. It's hard to not get down sometimes when you're in pain and feel helpless. I hope you have a strong support system to keep you strong."

"Welcome. Glad you found the site. Lots of unconditional support; sometimes we all need a little me time. This site lets you have a pity party, and along the way make friends and get some support and or advice."

Treatment diaries

Your Diary. Shared Healing.

"I can't begin to express my gratitude; it's nice to have people who understand me. None of my family has depression which makes it harder; some of them actually believe it's all in my mind."

"This site helps me move forward and keeps me going. I don't love myself so it's hard to love others. Until I can do this I believe it will be hard to find happiness."

"What is vital is to feel encouraged, motivated and inspired to take whatever life throws at you."

"I hope you are doing better. As the ones before me have stated we love you and want to help. This time last week I was where you are at or maybe worst. Please take a look at all the love and support that was sent my way."

"You may feel like you are whining but it's good to read that others are going through the same things! It's not good that we all feel so low obviously, but it brings hope and comradeship to remember there are others going through this too, that I have a place I can be myself, that some days are worse than others (which means some are also better than others) When I was feeling better before i realized my crashes were getting further apart and lasting for shorter periods..... it helped me to realize this because a crash was not always back to the bottom!"

"Thanks to the TD friends, now every morning that I wake up, I try to think positively, try to refresh my mind of what I used to like doing, try to think of people whom i love, try to find something to do so I can avoid the negative sentiment that been holding me back. Nice knowing all of you!"

"I am trying to hang in there - it just seems so hard sigh. I don't really know what to do, but now I feel so lucky to have TD around to support me. I can't support myself and often wonder why others try to support me when I can't even do it to myself and make things better."

"Thank you so much, I am still discovering this site...and looking around...but it sure is nice to have a place to go and just say it like it is and have others understand..thank you!"
