

**Travis V. Farhar, OTD, OTR/L, NASM-PES, 1LT (USAR)**

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**EDUCATION**

**University of St. Augustine for Health Sciences, St. Augustine, FL**

Doctorate of Occupational Therapy, April 2010

GPA: 4.0

**University of Southern Indiana. Evansville, IN**

Master of Science in Occupational Therapy, May 2007

GPA: 3.9

**University of Southern Indiana. Evansville, IN**

Bachelor of Science, Major: Occupational Therapy, May 2006

GPA: 3.7

**Military Academy of Health Sciences, Fort Sam Houston (San Antonio), TX**

Combat Medic/EMT-B, Aug 2001

**CERTIFICATION & LICENSES**

- **National Board for Certification in Occupational Therapy**, NBCOT Registered Therapist (OTR®) Initial certification July 19, 2007. Expires 2013.
- **Performance Enhancement Specialist**, National Academy of Sports Medicine, #1345407
- **Indiana State License**, License #31004476A, Expires 12/31/12
- **Kentucky State License**, License #31004476A, Expires 10/31/11
- **American Red Cross**, Adult, Child, and Infant CPR/AED Certification, Expires 3/25/11

**PROFESSIONAL MEMBERSHIPS**

- American Occupational Therapy Association, ID# 000004264736
- Indiana Occupational Therapy Association, South West Region
- American Society of Hand Therapists, Associate Member #32523

## **EMPLOYMENT**

### **Occupational Therapist/1<sup>st</sup> Lieutenant, Army Reserves, 425<sup>th</sup> Minimal Care Detachment**

Indianapolis, IN: June 2008-Present

- In charge of occupational therapy department/operations treating mainly orthopedic and mental health/combat stress conditions.
- Served in Baghdad, Iraq with 5<sup>th</sup> Special Forces Group in support of Operation Iraqi Freedom for over a year while serving in the Indiana National Guard as a combat medic.
- Perform veteran outreach at local VA clinics treating physical disabilities, mental health, and orthopedic conditions

### **Occupational Therapist, ProRehab, PC**

Evansville, IN: Aug 2006-Present

- Outpatient facility specializing in general orthopedics and hand rehabilitation
- Responsible for teaching/supervising residents for the upper extremity portion of the University of Evansville/ProRehab Sports Residency Program.
- Work closely with orthopedic surgeons (specifically hand surgeons) to aide in advancing my clinical skills.

## **RESEARCH**

*Benefits of Hand Therapy Services Following Carpal Tunnel Release.* Researched hand therapy's effectiveness following carpal tunnel release as measured by the Functional Pain Scale and the Disabilities of Arm, Shoulder, and Hand (DASH) pre and post scores. Control group and research group each consisted of thirty individuals. Research is currently being considered for publication by the Journal of Hand Therapy.

## **VOLUNTEER/MISSION WORK**

- Worked with the Community Coalition for Haiti providing rehabilitation services in Jacmel, Haiti from 7/3/10 to 7/11/10 to victims of the January 2010 earthquake.
- Provide ongoing veteran outreach occupational therapy treatment at local VA clinics to Operation Enduring Freedom veterans in Louisville, KY and Indianapolis, IN

## **PRESENTATIONS**

Farhar, T., Duffee, K., Meyers, B., & Reeder, J. (2006, November 17). *Benefits of Hand Therapy Services Following Carpal Tunnel Release Surgery.* Research presentation delivered at the University of Southern Indiana at the 12th Annual Winter Conference.

Farhar, T. (2008, February 10). *The Hand, Wrist, and Forearm in the Athlete.* Presented at the University of Evansville/ProRehab Sports Residency Lecture series.

Farhar, T. (2010, February 13). *The Hand, Wrist, and Forearm in the Athlete.* Presented at the University of Evansville/ProRehab Sports Residency Lecture series.

Farhar, T. (2010, April 16). *Osteoarthritis: Education, Management, and Prevention.* Presented at the University of St. Augustine as a doctoral capstone.

## **HONORS AND AWARDS**

### **University of Southern Indiana**

- Deans List Spring 2002
- Deans List Fall 2002
- Deans List Fall 2004
- Deans List Spring 2005
- Deans List Fall 2005
- Deans List Spring 2006
- Deans List Fall 2006
- Deans List Spring 2007
- 2007 Occupational Therapy Academic Achievement Award (top student in the class)
- 2007 Distinguished Speaker Award (chosen to speak at the MSOT hooding ceremony)
- 2009 Distinguished Service Award
- 2010 Distinguished Service Award

### **United States Army**

- Combat Medical Badge
- Army Commendation Medal
- Iraqi Campaign Medal
- Army Service Ribbon
- National Defense Service Ribbon
- Armed Forces Reserve Service Ribbon with M Device
- Indiana Outside Continental United States Ribbon (1<sup>st</sup> Award)
- Indiana Outside Continental United States Ribbon (2<sup>nd</sup> Award)
- Indiana Overseas Service Ribbon (1<sup>st</sup> Award)
- Indiana Overseas Service Ribbon (2<sup>nd</sup> Award)
- Army Recruiting and Retention Ribbon (1<sup>st</sup> Award)
- Army Recruiting and Retention Ribbon (2<sup>nd</sup> Award)
- Awarded 5<sup>th</sup> Special Forces Group Combat Patch