

COSTA RICA TRIP FOR EDUCATORS



HEREDIA & THE CENTRAL VALLEY (1 night)

Arrive in the central valley of Costa Rica, home to 80% of the country's population and surrounded by mountains. This area boasts fantastic vistas and a perfect climate. You will spend your first night in a comfortable country setting and have a chance to get acquainted with your guides.

SEA TURTLE PROJECT (2 night)

The turtle projects are located on the Caribbean coast. On the way, visit a butterfly farm and an elementary school.

At the turtle project, the real work begins at night. Patrol the beach at night in search of nesting sea turtles and hatchlings. It's tough work, but worth the effort. You may also conduct population studies, tag turtles, transplant eggs to a protected area or release hatchlings into the ocean. Be aware that sea turtles are an endangered species and their nesting is not "scheduled". Therefore, there's no guarantee that you will see a turtle during your stay.

During the day, explore the local canals for wildlife, hike in the surrounding rain forest or engage in an impromptu game of volleyball or soccer. Have a chance to participate in volunteer activities such as building a hatchery or cleaning the beach of debris to make it easier for sea turtles to nest or return to the ocean.

VERAGUA RAINFOREST RESEARCH & ADVENTURE PARK (1 night)

Veragua Park is a private reserve set on 4000 acres showcasing many aspects of life in the rainforest. It also houses research facilities for INBIO, the National Biodiversity Institute. During your time here you will explore the park and work with researchers on a field project (such as setting up insect traps and identifying your "catch.")

ARENAL VOLCANO (2 nights)

Stay in the town of La Fortuna located at the base of the spectacular Arenal Volcano. Have the chance to hike on lava beds in the Arenal Volcano National Park, fly through the air on a canopy zipline and visit an exemplary organic farm that is full of surprises. The Arenal Volcano erupts several times a day. With a bit of cooperation from Mother Nature, you will be able to see red-hot lava running down the sides of one of the most active volcanoes in the world!

HEREDIA & THE CENTRAL VALLEY (1 night)

End the trip right back where you started--in the Central Valley. This is the night to celebrate and reflect on your experiences.



COSTA RICA TRIP INFORMATION

The price includes:

Naturalist guide(s)
 Private in-country transportation
 Accommodations (price is based on triple and quads)
 Meals as outlined
 Activities, Entrance fees, and related tips
 Purified water available on the bus
 Post-departure travel insurance

The price does NOT include:

Tips to your EcoTeach guide and driver
 Optional cancellation insurance coverage
 Expenses of a personal nature
 Exit Taxes (currently \$26)

AREA	DAY	LODGING & MEALS	MAJOR ACTIVITIES
San Jose/Heredia	June 29	La Condesa Hotel Meals Included: none	Arrival and transport to hotel
Estacion las Tortugas	June 30	Station Dorms Meals included: BLD	Transfer to turtle station School visit enroute Butterfly farm enroute Night turtle patrols
Estacion las Tortugas	July 1	Station Dorms Meals included: BLD	Volunteer activities Canal boat ride to spot wildlife Night turtle patrols
Veragua	July 2	Veragua Dorms Meals included: BLD	Transfer to Veragua Rainforest Park Field activities with researchers
Arenal	July 3	Casa Luna Lodge Meals included: BLD	Transfer to Arenal Rafting or Float Trip enroute Dinner and pools at Los Lagos
Arenal	July 4	Casa Luna Lodge Meals included: BLD	Hiking in the Volcano National Park Organic Farm Experience
Heredia	July 5	La Condesa Meals included: BLD	EcoGlide Ziplines Transfer to Hereida Celebratory dinner
Adios	July 6	Meals included: B	Transfer to airport