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Faith E. Leuschen, DC

Concern for others' well being and striving to make a difference in the quality of peoples lives has always been a priority for Dr. Faith. She went into Holistic Health Care to make a difference in people on a physical health basis including structural, cellular and emotional. She found Chiropractic to be a perfect link.

While an undergraduate majoring in Pre-Med at the California State University, Long Beach, Faith injured her low back. Her back pain continued with no relief from the medical field when she met a chiropractor who changed her life. With a single adjustment, her back pain was 90% better without the use of medication. She immediately abandoned her plans for medical school and a career in cardiology and applied to and was accepted into the Los Angeles College of Chiropractic program. Three and a half years later she graduated as a Doctor of Chiropractic and opened her own practice (Total Body Balance, Inc.) in Manhattan Beach, California.

Her expertise in human anatomy and biomechanics has had her called upon to testify as an expert witness and leading authority in fitness equipment, consulting, and patient care. In 14 years of practice, she has helped tens of thousands of patients through chiropractic, exercise, nutrition, massage and meditation.

In 2005, Dr. Faith was severely injured in a head-on collision. With back and neck herniations, an injured foot and ankle, face and chest contusions, injured hips and wrists, and a broken elbow, she was encouraged to find a way to help herself and others suffering from severe pain, depression, and anxiety (fibromyalgia). The Neurologic Relief Centers Technique (NRCT) restored her function. She went from working a pain-ridden 14 hour work week to a pain-free 60 hour week. She is now using the technique to change the lives of those affected by fibromyalgia, chronic pain, and a multitude of other symptoms including digestive problems, insomnia, Lupus, Parkinson's Disease, and Multiple Sclerosis.