

# The Imprint Journey

## A Path of Lasting Transformation Into Your Authentic Self

*Ever wonder why the same patterns keep happening to you?*

We all have imprints, both negative and positive. An imprint is a belief that shapes our thoughts and actions, a belief we often hold unconsciously. This book an exploration of imprints, how they govern our lives, and how we can reprogram our minds to function in new and fulfilling ways. Liliane reveals how to transform imprints so we are free to be our authentic selves.

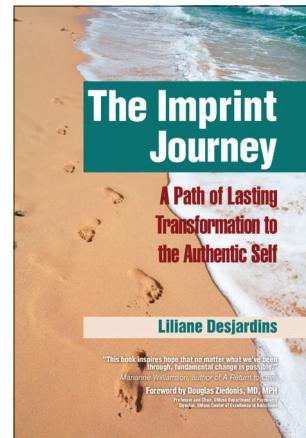
**The book inspires hope that no matter what we've been through, fundamental change is possible.**

Marianne Williamson  
author of *Return to Love*



**Liliane Desjardins, LCAS**

Liliane Desjardins is a certified clinical addiction specialist, co-founder of a network of addiction rehabilitation centers, and co-creator of the Desjardins Unified Model of Treatment of Addictions. Her first book "Rewriting Life Scripts: Transformational Recovery for Families of Addicts" pioneered the use of the familiar 12 Steps to include family systems of recovering addicts.



Foreword by **Douglas Ziedonis, MD, MPH**  
*Professor and Chair, Department of Psychiatry  
Director, UMass Center of Excellence in Addictions  
University of Massachusetts Medical School / UMass Memorial Health Care System*

**The Imprint Journey will touch your very soul and make way for profound transformation.**  
Carolyn Craft, Psychotherapist, Unity Minister, host of "Waking Up With Carolyn Craft" on Sirius Satellite Radio

**Category:** Nonfiction—Recovery, Self-Help, Relationships  
**Publisher:** Life Scripts Press/Healing Loving Press  
**Publication Date:** April 2011  
**ISBN:** 978-1-61599-087-0  
**List price:** \$19.95  
**Trim:** 9.7 x 7.4  
**Pages:** 188  
**Distributor:** Ingram, New Leaf  
**Publicity:** Events/Signings, TV/Radio, Lectures, Internet

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