

Teresa L. Schuemann DPT, SCS, ATC, CSCS

Objective

I am a hard-working, high energy health professional with diverse interests and experiences. I look forward to challenges that “break the norm” but utilize my basic science background to keep myself and my work focused.

Education

Aug 1979 – May 1983 Duchesne High School St. Charles, MO

Aug 1983 – May 1987 University of Missouri: Columbia Columbia, MO

B.S in Physical Therapy

- Summa Cum Laude

Aug 1991 – May 1993 Washington University St. Louis, MO

No degree attained but graduate coursework completed

- G.P.A. 3.6

Aug 2007 – May 2009 A. T. Still University/Arizona State Health Sciences

Doctorate of Physical Therapy (DPT)

- Summa Cum Laude

Professional experience

Jan 2009 – present Evidence in Motion

Director, Sports Physical Therapy Residency Program

- Supervisor: George Burkley
- Development and execution of the EIM Sports Physical Therapy Residency program which launched in the Summer 2009.
- Faculty for the EIM Residency programs provided web-based and weekend coursework for residency participants: Management of Patients with UE Dysfunction, The Female Athlete, Emergency Response for the Sports PT.

Aug 2008 – present International Triathlon Union

Sports Physical Therapy Specialist and Certified Athletic Trainer

- Supervisor: Libby Burrell
- I provided sports medicine services to elite triathlon athletes during the World Cup and World Championship Series for the ITU Sports Development Team.

Aug 2008 – present Colorado PT Specialists Fort Collins CO

Sports Physical Therapy Specialist

- Supervisor: Tim Flynn PT, PhD and Terry Gebhardt PT, DPT
- I provided physical therapy services including patient care duties, sports medicine coverage at a local ballet company and staff education at this privately owned physical therapy group practice.

May 2001 – July 2007 Skyline Hospital White Salmon WA

Director of Physical Therapy and Sports Medicine

- Supervisor: Mike Madden
- I direct a dynamic group of health professionals including physical therapists, physical therapy assistants, a sports physical therapy resident, occupational therapist, speech therapist, and support personnel. Additionally, I direct our Sports physical therapy residency program, provide direct patient care and sports medicine coverage for our local community including 2 area high schools.

Aug 2000 – May 2001 Hood River Physical Therapy Hood River OR

Sports Physical Therapy Specialist

- Supervisor: Cindy Stephens, PT
- I provided physical therapy services including patient care duties, sports medicine coverage at a local high school and staff education at this privately owned physical therapy clinic.

Sept 1996 – Dec 2000 Teton Physical Therapy, PC Jackson WY

Co-founder and President

- Administrative and patient care duties as business owner and Director of an outpatient physical therapy and sports medicine clinic with other staff including physical therapist, sports physical therapy resident, certified athletic trainer and support personnel.

June 2000 – Aug 2000 USA Basketball Colorado Springs CO

Chief Athletic Trainer

- Supervisor: Carol Callahan
- I provided sports medicine coverage as part of a team for the Junior National Women's basketball team for the training camps and international tournament in a multitude of places including Colorado Springs, Miami and Mar del Plata Argentina.

Jan 1997 – May 2000 Jackson Hole Moose Hockey Team Jackson WY

Chief Athletic Trainer and Sports Physical Therapist

- Supervisor: Peter Rork, M.D., Team Physician
- Acute evaluation and treatment of injured players, coaches and staff of this semi-pro hockey organization. I was also responsible for adequate medical staffing, billing and equipment for the team throughout the year.

May 1997 – May 1999 Teton County Recreational Center Jackson WY

Certified Water Aerobics Instructor

- Supervisor: Chuck Rhea

- I completed group classes and individual instruction in aquatic exercise using a variety of equipment for low, medium and high intensity levels in both shallow and deep water depths

Jan 1996 – Aug 1996 United States Olympic Center Atlanta GA

Chief Athletic Trainer for Paralympic Games, Fencing Venue

- Supervisor: Michael Ferrara, ATC, PhD
- Acute evaluation and treatment of injured fencers, staff and coaches during the Paralympic games. Prior to the games, I was responsible to adequately staff and equip the training and athlete care rooms. This provided a unique opportunity to work with people of many disciplines and nations.

June 1996 – Aug 1996 Woodward Camp Woodward PA

Sports Physical Therapist and Chief Athletic Trainer

- Supervisor: Gary Ream
- Acute evaluation and treatment of injured staff, faculty and campers who were participating in extreme skate and gymnastic activities. Decisions regarding necessary immediate care at a remote location, referral to physician and/or emergency room 20 minutes away, and ability and timeline for return to sport were primary duties. Maintaining the training room with necessary supplies and equipment were among the secondary duties.

Dec 1995 – May 1996 Aspen Valley Hospital Aspen CO

Physical Therapist

- Supervisor: Jan Ortega
- I worked as an acute care staff physical therapist for predominantly an orthopedic patient population.

Oct 1994 – Dec 1995 Berkshire Institute Wyomissing PA

Sports Physical Therapy Resident

- Mentors: Turner A. Blackburn, PT, MEd, ATC and Michael L. Voight, DPT, SCS, OCS, ATC
- Residency was attained through application process of the Sports Physical Therapy section of APTA. Duties included patient care, didactic work, research, athletic venue coverage, surgery observation, and testing for competencies in sports physical therapy. This program provided the opportunity for a comprehensive educational experience under two established professionals in the realm of sports physical therapy.

July 1992 – Oct 1994 Physical Therapy & Sports Rehabilitation Center of Sparks Sparks NV

Physical Therapist

- Supervisor: Pamela C. Hogan, PT, OCS
- Senior physical therapist with patient care responsibilities in this privately owned outpatient clinic with predominantly an orthopedic patient clientele.

June 1987 – June 1992 Jewish Hospital

St. Louis MO

Physical Therapist

- Supervisor: Dick Roettger PT and Marybeth Hackett, PT (Home Care)
- I started as a staff physical therapist as a new graduate with patient care duties in Medical/surgical, Long term Rehabilitation, Cardiac Rehabilitation and Orthopedic units in a hospital setting. I was promoted to Lead physical therapist in the Cardiac Rehabilitation unit with continued patient care duties with additional duties of staff supervision, public education and case management. I transferred to the Orthopedic unit with the same Lead physical therapist title and duties. I also served as a Clinical Instructor for physical therapy students, hospital staff and patients in the Stroke Education and Cardiac support groups.

Aug 1989 – May 1991 Washington University

St. Louis MO

Lab Instructor

- Gene Brown (Instructor) and Sue Million PT (Lab instructor)
- I instructed undergraduate physical therapy students both Physical agents and Therapeutic Exercise Lab sessions.

Licenses and Certifications

Sports Certified Specialist (SCS), ABPTS, April 1997 – present;
Recertification completed in 2006 for recertification 2007 – 2017.

Certified Athletic Trainer (ATC), NATABOC, June 1995 – present

Certified Strength and Conditioning Specialist (CSCS), NSCA Aug 1997 – present

Emergency Response Instructor, National Safety Network for American Red Cross, Feb 2001 – present

Cardiopulmonary Resuscitation (CPR) and First Aid Instructor, American Heart Association 1989 – 1993, 2003 – 2007

Emergency Response Certification, American Red Cross, Oct 2000 – present

CPR Certification, American Red Cross 1993 – present, American Heart Association 1985 – 1993, 2002 – present

First Aid Certification, American Red Cross 1995 – 1998

Washington state Physical Therapy license April 2001 – Dec. 2009

Oregon state Physical Therapy license July 2000 – Dec. 2009

Wyoming state Physical Therapy license Dec 1995 – 2002

Colorado state Physical Therapy license 1995 – 1997, 2009 - present

Georgia state Physical Therapy license 1996 – 1997

Pennsylvania state Physical Therapy license 1994 – 1997

Nevada state Physical Therapy license 1993 – 1997

Missouri state Physical Therapy license 1987 - 1994

**Research
Presentations,
Educational
Presentations,
Publications and
patent**

The Reliability and Validity of Jump Height Measurement of the FASTEX Platform Presentation, November 1995, Team Concepts Meeting, Sports Physical Therapy Section (SPTS) Dallas TX

The Reliability and Validity of Jump Height Measurement of the FASTEX Platform Presentation, June 1995, Annual Conference, American Physical Therapy Association (APTA) Minneapolis MN

Emergency Response for the Sports Physical Therapist, Evidence in Motion Chicago, March 2010, 2011

Evidence Based Manual Therapy for the Athlete Co-instructor, Team Concepts Conference Dec. 2010

Many Faces of Sports Physical Therapy, Panel member, CSM Feb. 2010, 2011

Residency 101: Getting Started and Getting it Right, Invited lecturer, CSM Pre-conference course Feb 2007 -2011 annually.

Residency 101: Starting a Sports PT Residency or Fellowship Program, Selected Lecturer, Pre-conference Course SPTS Team Concept Conference Dec 2008, Dec 2009, Dec 2010.

Emergency Response for the Physical Therapist, SPTS, Portland July 2009, 2010; Seattle May 2008,

The Female Athlete Triad: A Coach's Perspective, Invited Lecturer, National Cheerleader's Association, Western Region, Auburn, WA April 2006

Residency/Fellowship Postprofessional Program Development Round Table, Invited Lecturer and Facilitator, APTA, Combined Sections Meeting (CSM), San Diego CA Feb 2006

Basic Life Support with AED Certified Instructor for a group of coaches, Skyline Hospital and White Salmon School District, Sept 2005

Basic Life Support for the Medical Professional with AED Certified Instructor, Skyline Hospital, June 2005

The Female Athlete Triad, Invited Lecturer, The Female Athlete Special Interest Group, Sports Physical Therapy Section, APTA, CSM, Feb 2006

Backstage Evaluation and Treatment of a Shoulder Injury in a Performing Artist, Lecturer, Performing Artist SIG of the Orthopedic Section, APTA, CSM, New Orleans, LA Feb 2005

Emergency Response for the Physical Therapist, Course Instructor, Sports Physical Therapy Section, Hood River OR, Aug 2004

Cold and other Environmental Emergencies for the Athlete, Lecturer, Emergency Response SIG, SPTS, CSM, Nashville TN Feb 2004

Evaluation and Treatment of Mild Traumatic Brain Injury in the Extreme Athlete, Lecturer, Emergency Response SIG, SPTS, CSM Tampa FL Feb 2003

Emergency Response for the Physical Therapist, Course Co-Instructor, Sports Physical Therapy Section, CSM Pre-conference Course, San Antonio TX, Feb 2003

Emergency Response for the Physical Therapist, Course Co-Instructor, Sports Physical Therapy Section, CSM Pre-conference Course, Boston MA Feb 2002

Aquatic Rehabilitation for the Athlete with Upper Extremity Dysfunction, Lecturer, Rocky Mountain Athletic Trainers' Association, Spring Conference, Mar 1999

The Female Athlete Triad, Course Chairman and Instructor, Eastern Sports Medicine and Orthopedic Institute Dec 1995

Physical agents, Guest Lecturer for a series of lectures and competency testing for University of Nevada-Reno Winter semester 1994.

The Female Athlete, Home Study Course Editor, SPTS Feb 2004 – Summer 2005

The Female Athlete Triad, Chapter author for The Female Athlete Home Study Course

Environmental Emergencies for the Athlete, Chapter author for the Emergency Response for the Physical therapist Home Study Course

Professional memberships

American Physical Therapy Association 1987 - present

- American Board of Residency & Fellowship Program Credentialing 2009 - 2010
- Clinical Residency and Fellowship Program Credentialing committee 2004 – July 2009
- Orthopedic Section 1990 – 1998, 2005-present
 - Performing Arts Special Interest Group (SIG)
- Sports Section 1994 – present
 - Secretary, Executive Council June 2009 - present
 - Editor, *The Sports Section*, Section Newsletter Fall 1998 – Summer 2001
 - Contributing Author, *The Sports Section*, Jan 1998– present
 - Membership Services Team Leader June 2001 – May 2009
 - SPTS Liaison for APTA Clinical Residency and Fellowship Program Credentialing Committee, Winter 2003 - present
 - Emergency Response SIG Feb 2002 – present
 - Female Athlete SIG – Feb 2005 – present
 - Secretary, June 2009 – present
 - SPTS Representative, APTA Concussion Work Group 2010 –

present

Colorado Physical Therapy Association July 2008 – present

Washington Physical Therapy Association May 2000 – July 2008

- Video Review Committee – Sports PT specialty May 2000 – July 2008
- Reimbursement Committee 2004 – 2008

Wyoming Physical Therapy Association Aug 1996 – May 2000

- Wyoming ATC Licensing committee member May 1999 – May 2000

Nevada Physical Therapy Association

- Board of Directors, Member at Large, Sept 1993 – July 1994
- Editor, *Articulations*, State Association newsletter Nov 1993 – July 1994

National Athletic Trainers' Association 1995 – present

Rocky Mountain Athletic Trainers' Association Aug 1996 – May 2000

- Convention Program Committee member Mar 1998 – May 2000

Wyoming Athletic Trainers' Association 1997 - 2000

- Legislative Committee member 1999 – May 2000

National Strength and Conditioning Association

Wilderness Medicine Society, Associate member 1997 – present

American College of Sports Medicine 2004 – present

Lynn Wallace Clinical Education and Professional Development Award,
Sports Physical Therapy Section, APTA Feb 2011

Service Award, Sports Physical Therapy Section, APTA Feb 2006

Employee of the Year, Skyline Hospital, May 2005

Awards & Honors

Extracurricular activities

Volunteer, United States Olympic Committee, Sports Medicine Staff,
June 1996 – present

Volunteer, Extreme Games, Sports Medicine Staff June 1996 – present

Volunteer, Gorge Games, Sports Medicine Staff Summer 2000 – present

Volunteer Coordinator, Ridgeview Classical Schools Aug 2009 - present

Member of Masters' Swimming Association/Club – Western states 1993 –
1994, Northwest 2002 – 2008, Western states 2008 - present

Member of Columbia Area Mountain Biking Advocates (CAMBA) – Charter

member and Board member (website manager), Summer 2001 – 2008

Member of Windsurfing Association 1994 – present

Bingen WA City Council member, Oct 2000 – Sept. 2002

Mount Adams Chamber of Commerce – Board Member and Chair of
Ambassador Committee Jan 2006 - present