

For the 10 million Americans with Fibromyalgia,
its disabling effects are all too common.



May 12th is Fibromyalgia Awareness Day.

Whether you've been diagnosed with fibromyalgia, or have a family member or friend with the disorder, you may already know that fibromyalgia is not a disease, but a syndrome. That means fibromyalgia is a collection of signs, symptoms and medical problems that occur together but are not related to a specific, identifiable cause - which makes this disorder so incomprehensible to many, and so frustratingly cruel to those who have it. This May 12th, you can help take the mystery out of fibromyalgia, and help spread something more powerful: hope. Learn how at www.fmaware.org.