

Beth Ann Ross, PT, DPT, SCS, OCS

Email: bb63@evansville.edu

Curriculum Vitae

Education: **Regis University (Denver, CO)**
Doctorate of Physical Therapy
1/08- 12/09

Evidence in Motion (Louisville, KY)
Orthopedic Residency
1/08- 7/09

ProRehab and University of Evansville (Evansville, IN)
Sports Physical Therapy Residency Program
6/07-9/08

University of Evansville (Evansville, IN)
Master of Physical Therapy
2003-2006

University of Southern Indiana (Evansville, IN)
Undergraduate Course work (transferred to University of Evansville)
2000-2003

Professional Experience: **ProRehab ,PC (Evanville, IN)**
Staff Physical Therapist (Outpatient Clinic)
6/2006 – Present

ProRehab, PC (Evansville, IN)
Assistant Director- Sports Physical Therapy Residency Program
10/08- Present

Kiesel-Plisky (Evansville, IN)
Lab Assistant- Continuing Education courses nationwide
Selective Functional Movement Assessment and Functional Movement Screen
4/08-present

Continuing Education: **“Selective Functional Movement Assessment: Level II”**
Gray Cook MSPT, OCS, CSCS, Kyle Kiesel PT, PhD, ATC, CSCS, Phil Plisky, PT, DSc, OCS, ATC/L, CSCS
1/10/09-1/11/09, contact hours: 15
Evansville, IN (ProRehab)

“Evidence-Based Examination and Selected Interventions for Patients Upper Extremity Disorders”

Jason, Rodeghero, PT, DPT, OCS, MTC, ATC, FAAOMPT

9/27/08-9/28/08, contact hours: 15

Evansville, IN (ProRehab)

“Evidence-Based Examination and Selected Interventions for Patients with Cervical Spine Disorders”

Jason, Rodeghero, PT, DPT, OCS, MTC, ATC, FAAOMPT

7/26/08-7/27/08, contact hours: 15

Evansville, IN (ProRehab)

“APTA Clinical Instructor Education and Credentialing Program”

Janet Szczepanski, PT Credentialed Clinical Trainer

6-29-08, contact hours: 15

Evansville, IN (University of Evansville)

“Evidence-Based Examination and Selected Interventions for Patients with Lumbopelvic Spine and Hip Disorders”

Jason, Rodeghero, PT, DPT, OCS, MTC, ATC, FAAOMPT

5/29/08-5/30/08, contact hours: 15

Evansville, IN (ProRehab)

“Selective Functional Movement Assessment: An Evidence-Based Clinical Model to Address Regional Interdependence”

Kyle Kiesel PT, PhD, ATC, CSCS, Phil Plisky, PT, DSc, OCS, ATC/L, CSCS

2/23/08 – 2/24/08, contact hours: 15

Evansville, IN (ProRehab)

“Evidence-Examination and Selective Interventions for Patients with Lower Extremity Disorders”

Jason R. Rodeghero, PT, DPT, OCS, MTC, ATC, FAAOMPT

2/2/08-2/3/08, contact hours: 15

Evansville, IN (ProRehab)

“Evidence-based Physical Therapy Practice: Charting a Course for Your Success”

Robert Wainner, PT, PhD, ECS, OCS, FAAOMPT, John Childs, PT, PhD, MBA, OCS, FAAOMPT, Laurence Benz, DPT, MBA, ECS, OCS, Timothy Flynn, PT, PhD, OCS, FAAOMPT

1/2008, contact hours: 12

Online Course with Evidence IN motion

“Evidence-Based Examination and Selected Interventions for Patients with Cervical Spine Disorders”

Robert Wainner, PT, PhD, ECS, OCS, FAAOMPT

10/27/07-10/28/07, contact hours: 15

Evansville, IN (ProRehab)

“Evidence-Based Examination and Selected Interventions for Patients with Lumbopelvic Spine and Hip Disorders”

John D. Childs, PT, PhD, MBA, OCS, FAAOMPT

9/29/07-9/30/07, contact hours: 15

Evansville, IN (ProRehab)

“The Pre-Participation Physical Exam: Evidence Based Musculoskeletal Screening & Injury Prevention Strategies”

Phil Plisky, PT, DSc, OCS, ATC/L, CSCS, Kyle Kiesel PT, PhD, ATC, CSCS

4/20/07- 4/21/07, contact hours: 10

Evansville, IN (ProRehab)

“The Clinical Application of Rehabilitative Ultrasound Imaging”

Jackie Whittaker, BScPT, ICAMT, CGIMS, CAFCI

9/30/06- 10/1/06, contact hours: 15

Indianapolis, IN

“Examination, Diagnosis, and Interventions for Patients with Lumbar Instability: An Evidence-Based Approach”

Deydre Teyhen, PT, PhD, OCS, Elizabeth Painter, MPT, OCS

3/3/06- 3/4/06, contact hours: 14

Chicago, IL

**Program
Development:**

ProRehab and University of Evansville Sports PT Residency Program

Assists program director with continued development of program through monthly assessment of program and resident goals. Implements and facilitates changes to program. Mentors current residents in the program through formal and informal observation, collaboration, and question/answer sessions
Assistant program director and resident mentor
10/08-present

Play it Safe Program (Welborn Foundation, Evansville, IN)

Performed movement testing and intervention on middle school aged children in order to assess and reduce injury risk.
10/08-5/09

**Professional
Memberships:**

American Physical Therapy Association (APTA)

Indiana Chapter Member

Member Since: 2004

**Academic
Teaching
Experience:**

University of Evansville

PT 421 Patient management

Teaching Assistant/Lab Assistant

1/08-5/08

University of Evansville

PT 431 Gross Anatomy

Guest Lecturer

6/07

Research:

Data Collector/Subject Recruitment Liaison

“Rehabilitation of Patients with Subacromial Impingement Syndrome”

funded by the National Athletic Training Association

Investigators: Phil McClure PT, PhD, Lori Michener, PhD, PT, ATC, SCS, Angela Tate PT, PhD

Data Collection Spring 2008 – Spring 2009

Pending Publication

Author/ Data Collector

“Does appropriate intervention improve Functional Movement Screen Score and upper and Lower Extremity T Balance Test Scores in Athletes”

Investigators: Kyle Kiesel PT, PhD, ATC, CSCS, Phil Plisky, PT, DSc, OCS, ATC/L, CSCS, Beth Barrett, PT, Cheryl Rentschler PT, Paul Gorman, PTA, ATC, CSCS

Data Collection Spring 2009- present

Lab Assistant:

“The Selective Functional Movement Assessment- Level 1”

Phil Plisky, PT, DSc, OCS, ATC, CSCS and Kyle Kiesel, PT, PhD, ATC, CSCS

4/2008 - present

Speaking

Engagements:

“Manual therapy for the Athlete”

ProRehab and University of Evansville Sports Symposium

4/18/09

“Evidence Based Cervical Interventions”

ProRehab therapist inservice

6/17/10

**Community
Service:**

Functional Movement Screening for local police

Implemented as part of injury prevention program

5/09

Licenses:

Indiana State Licensed Physical Therapist

License # 05009014A

Expires 6/30/12

Certifications:

Sports Certified Specialist (SCS)

American board of Physical Therapy Specialties

6/09

Orthopaedic Certified Specialist (OCS)
American Board of Physical Therapy Specialties
6/10

APTA Credentialed Clinical Instructor
6/29/08