FIT for WORK, LLC Texas

Issue 4

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The Business of Safety is Business

Safety Leadership Demonstrates Organizational Excellence i

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Special points of interest:

- Leadership Defined
- Portable Extinguisher Use
- Texas Safety Development Plan Overview
- More Info On the Way!



The Site 4 has truly transformed their location.

This site has helped enhance the quality of employees lives, customer satisfaction and business operations as a whole through practical Safety and Health policies, procedures and training they helped develop themselves.

I last visited them last month. It was a long month and was a great way to end that week. Seeing the positive changes they have implemented over the last 36 months reminded me that this is what I love most about my job. Positive changes in work practices, and behavior are often slow or ineffective in any business across all industries. This is often because it is usually unfocused, lacks buy in at all levels and internal systems and procedures to sustain it.

Positive and lasting safety and health change takes time, planning, focus and consistent effort at every level as I have witnessed at every location I have worked with across Texas.

The improvements they made such as: lighting, racking, barriers, guards, fall protection, life safety equipment, material handing work practices and training prevent accidents and injuries they would have otherwise experienced had these changes not taken place.

This also has a objective and measureable impact on business profitability in terms of both injury costs and the permanent removal of conditions that potentially draw heavy citations from OSHA. The Site 4 Texas team is to be commended for their hard work, practical solutions and I personally want to thank each and every one of you for your efforts. Lead The Way!

Leadership versus Management "Don't Confuse the Two"

In the 21st century business model, **Safety Leadership** is often used interchangeably with **Organizational Excellence**. Why does effective safety leadership result in such a broad enhancement in an organization if it's owned, and implemented at every level? The answer is in the very definitions of each. Management, has more to do

with the organization of functional things like schedules, equipment and is job focused. Leadership has more to do with how we manage, our values, beliefs, is action oriented and people focused. Leadership is based on five basic principles: **Character, Consistency, Calling** "for our job", **Competence** and **Circulation** with those we are responsible for. All work to create trust and you can't lead without it.

ORGANIZATIONSSummer 2009 Safety Training Goals Achieved!

When we first put forth a plan to complete training in Texas locations on a limited basis we knew it was a bold plan that would not have been achieved without the commitment and dedication of each sites Leaders and Employees.

We completed approximately 90% of Program Administrator and Employee training for the Safety and Health Policy, Emergency Action, Fire Prevention, Fall Protection, Hazard Communication, Respiratory Protection programs.

We are currently working on implementing several aspects of each program as each initial training phase is com-

pleted.

A special thanks to the Managers, Supervisors and Employees at each location for your valuable time and support of the safety and health program you are helping to create.

I have frequently stated you are the **"Tip of the Spear"** and get the job done. Thanks for all of your help this Fall! Respectfully, Forrest Richardson, CSP



The Hammer is Only as Effective as the One that Uses It!

Safety Division Director Fit for Work, LLC

"Material Handling is more than just what you store and it absolutely impacts every aspect of your business!"

Material Handling-"More Than What We Store"

Employees often cite the weight or bulkiness of objects being lifted as a major contributor to their injuries. Workers can be injured by falling objects, improperly stacked materials or improper equipment use.

When storing materials in your facility, be sure materials are stable. Stacked materials

must not create a hazard. Keep storage areas free from materials that cause tripping, fires or that may contribute to the harboring of rats and other pests.

Non-compatible material must be separated in storage. Stack bags, bundles and product stored at height in interlocking rows, stair step them especially at height to prevent potential injury, damaged or destroyed product.

Material handling also applies to the equipment we use and how we use it. Improper use leads to accidents, damaged equipment, increased hazard exposure and drains our precious resources. Ref: 29 CFR 1910.176

29 CFR 1910.22

House Keeping "The Single Solution to Multiple Issues"

It's been said that dirt is only misplaced matter, but if that is true, it is vitally important where that matter is placed.

For example, dirt and scraps piled on a ramp could result in a pedestrian or fork lift accident. Broken skids, loose pipe and banding, or cardboard boxes could block an exit or that little bit-o-extra room one needs to avoid an accident or injury.

Part of everyone's job is house keeping. According to OSHA, "All places of employment, storerooms and service rooms shall be kept clean and orderly and in a sanitary condition." Ref:



Place and Everything Is In It's Place"



5 Fundamental Supervisor Responsibilities Part I

This is a brief excerpt from our "Safety for the Supervisor" series and **no attempt will be made to cover each element exhaustively here.**

Demonstrating Safety Leadership, Providing Effective Training, Providing Resources & Support, Enforcing the Rules and Overseeing the Work are generally considered the "Big 5" fundamental Supervisor responsibilities.

As a Supervisor, leadership is our first responsibility to our employer and obligation to each employee. To determine what Safety Leadership is let's first discuss what Safety Leadership is not. Leadership is not Power. Power is derived from status, position, control of assets or physical strength. Leaders always have power but the powerful are not always leaders.

Leadership is not status. Our position is given by those above us. Leadership is given "conferred" by those below us. People will only follow those they trust and that act like leaders.

We learn leadership and are not born with it. A tiger can change it's stripes!

Leadership is the ability to

influence and influence is most often affected by trust. Remember the "Five C's of leadership from page 1.These are the "Spokes" that form the hub of Trust. Spokes broke and wheel don't work!



October is Fire Prevention month; take this opportunity to review your company's fire prevention and emergency action plans.

Fire Prevention Program Implemented September 2009

Organizations should have a written emergency action plan, and as part of that, a fire prevention plan. The reason these plans exist is to help keep our employees safe.

The company fire plan contains a list of the major fire hazards, proper handling and storage procedures; potential ignition sources, types of fire protection equipment or systems in place.

Remember to use the PASS method when using portable fire extinguishers at home or in the workplace: P-Pull the Pin A-Aim At Base of Fire S-Squeeze the Handle S-Sweep Side to Side



Four Classes of Fires

Class A—The most common fire, involves ordinary materials such as wood, paper, rubber, and plastics.

Class B—Fires are denoted by a red square. Flammable liquids, gases and greases make up this class.

Class C—Electrical fires are the most common sources of

industrial fires.

Class D—Fires are caused by combustible metals including magnesium, titanium, zirconium, and sodium.

For more information contact your Supervisor.



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Texas Program Development Overview

Site 1:

- 1. Emergency Action Plan
- 2. Fire Prevention Program
- 3. First Responder Program
- 4. Hazard Communication
- 5. Hot Work Permit
- 6. Powered Truck Program
- 7. Respiratory Protection
- 8. Safety and Health Policy

Site 4:

- 1. Emergency Action Plan
- 2. Fall Protection
- 3. Fire Prevention Program
- 4. First Responder Program
- 5. Hazard Communication
- 6. Hot Work Permit
- 7. Powered Truck Program
- 8. Respiratory Protection
- 9. Safety and Health Policy

Site 2:

- 1. Emergency Action Plan
- 2. Fire Prevention Program
- 3. First Responder Program
- 4. Hazard Communication
- 5. Powered Truck Program
- 6. Respiratory Protection
- 7. Safety and Health Policy

Site 5

- 1. Emergency Action Plan
- 2. Hazard Communication
- 3. Powered Truck Program
- 4. Respiratory Protection

Site 3:

1.

- Emergency Action Plan
- 2. Fall Protection
- 3. Fire Prevention Program
- 4. Hazard Communication
- 5. Hot Work Permit Program
- 6. Powered Truck Program
- 7. Respiratory Protection
- 8. Safety and Health Policy

Sites 6-8

1. Currently reviewing development plans for their sites.



A word about the author

Forrest Richardson is a business and safety professional who is committed to understanding and assisting the business community by providing comprehensive, costeffective employee training and education.

He has been a guest speaker for local industry associations and has facilitated hundreds of sessions across many different industries.

Forrest proudly served in the United States Army and currently serves as the Safety Division Director for Fit for Work, LLC providing safety and health consultative services to our clients.

Forrest holds the National Certified Safety Professionals Certification (CSP) and brings over 17 years of management and leadership experience.

From small businesses to large corporations, he understands the real world demand for value.

Forrest earned a Bachelor of Science Degree in Business Management from the University of Texas at San Antonio. He is currently pursuing is MBA from the University of Colorado He has received training through the U.S. Department of Labor Occupational Safety and Health Administration Training Institute and Department of Defense.

He is currently the Vice President and a professional member of the American Society of Safety Engineers (ASSE) of the South Texas Chapter in San Antonio, Texas