

SmartAtWork THE TRUTH ABOUT THE UK OFFICE

Working comfortably is top of mind for British employees, as independent research commissioned by Fellowes and executed by Dynamic Markets finds. The figures in this infographic describe the attitudes and opinions of employees in Great Britain towards their working environment and, in particular, their own personal desk space and workstation. The study looked at 1003 office workers in Great Britain between July and August 2010.

PRODUCTIVITY

Employers and employees alike underestimate the time and money wasted by an uncomfortable workspace.

This is despite the fact that 96% of employees think a comfortable, pleasant work environment has a direct impact on their productivity at work.

daily spend time rearranging their desk and fidgeting to get comfortable

61%

say a well-organised desk is important to them; 65% value the cleanliness of their environment

18.1 Lost days

per year, per employee

39.2 mins a day

is the average amount of time wasted by fidgeting

of British workers

do not have any ergonomic aids to make them more comfortable and productive in the workplace



of directors are unaware of the legal requirement to carry out workstation assessments

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HEALTH & WELLBEING

18% have had eye problems as a result of an inappropriate workspace backache followed Headaches have tops the list by tense been a problem for and aching 34% shoulders of British office workers have suffered from of the sample ailments associated with an inappropriate workspace environment during the last 3 years More than

have suffered from neck aches

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MOBILE WORKFORCE

81% of workers now spend time working with laptops in non-office locations, including sofas, beds, on the floor and in the car, increasing the chances of injury

(21%) have had sore

wrists/arms





Cafes & hotels (16%) and trains, planes & buses (15%) are all well-used alternative work environments



13% settle down and work at the airport or train station. 9% just sit on the floor and work, while 6% will use their laptop in the car



More British people work from their sofas when out of the office than in any other country in Europe (20–35%)

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However, this is followed by the kitchen table (23%) and in bed (22%)

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For more information and to put your workstation to the test, go to http://www.ergo.fellowes.com/en/workstation-assessment