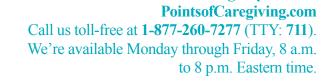
Doctor Visit Worksheet

Write down your loved one's answers to the questions below. Then, use the answers to talk to a doctor about any concerns.

This worksheet is provided by Humana Points of Caregiving® and the Home Instead Senior Care® network.

Doctor Name:	Date of Visit:
What is your main health concern right now?	
Do you have any new symptoms, such as pain?	
What changes have you noticed in your health since your last visit?	
If you currently take medication for pain or any other symptom, how is it working?	
Have you started any new medications? What are they? Do you have any side effects from the	
medicines you take?	
Have you seen other doctors before this visit? Have you had diagnostic tests or other treatments?	
Do you want to discuss those results?	

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Use this page to write down what your loved one and the doctor discussed.

Tests ordered	
Test results	
Recommendations	
Medication instructions	
Dietam vestvietiens	
Dietary restrictions	
Next steps	
Other notes	
Outer noves	

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