

# *An Introduction to the Diagnosis & Management of* **CHRONIC SPINAL PAIN**

Pain is the primary reason why patients seek physical therapy services. It is imperative for today's evidenced-based PT to maintain a basic, accurate knowledge of the pain sciences. Overwhelming data shows that patients are harmed with invasive medical procedures and that current pain sciences evidence is not implemented to treat spinal pain. This course will focus the student on actionable ways to successfully manage difficult spinal pain.

## **After this course you will be able to:**

- Demonstrate knowledge of nociception, the experience of pain, and the nature of suffering.
- Describe modulators of pain that increase/decrease the pain experience.
- Choose the correct definition of terms used in the pain sciences.
- Identify factors that influence the course of a patient/client prognosis.
- Discuss current best evidence for various cognitive behavioral and education interventions in pain management.
- Determine relevant factors and considerations that guide patient/client management for a given case with chronic spinal pain.
- Demonstrate appropriate language that empowers patients in chronic spinal pain.



**Earn 1 credit hour or 1.5 CEUs from the EIM Institute for Health Professions**

**Online, Self-Study Course designed to be completed in 4 weeks;  
a maximum of 8 weeks is provided**

**Tuition: US\$275**

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