

Key Ingredients

Vitamin D-3

D-3 is the natural form the body makes and uses; D-2 is synthetic. Vitamin D-3 deficiency is linked to diseases of the brain, nervous system, poor blood sugar control and Cancer.

Selenium

This mineral, along with Vitamins A, C and E are powerful antioxidants necessary to support the Immune System and slow disease progression and aging.

Green Tea

This extract is recognized to support blood sugar, metabolism and weight control as well as enhance endurance, memory, immune function and reduce the risk of stroke, heart attack and cancer.

Vitamin B-12 Methylcobalamin

This form of B-12 is the easiest to digest, absorb and assimilate.

Spirulina

This rich protein source known as a "super green food" supports energy, stamina and recovery.

Maqui Berry

This superfruit is considered the most antioxidant rich in the world. It decreases inflammation, reduces cholesterol plaque, improves Insulin production, prevents the development of fat cells, decreases triglycerides and supports circulation.

Trans-Resveratrol

The active component of Resveratrol supported by research demonstrating cardiovascular and anti-aging benefits.

Additional Advantages

- Rich source of superfruits including Gogi, Noni, Mangosteen, Pomegranate and more
- Extra strength natural Vitamin D-3
- Taken 3 times a day provides consistent nutritional energy throughout the day
- Veggie capsules

Whole Food Multi With D-3

Supplement Facts

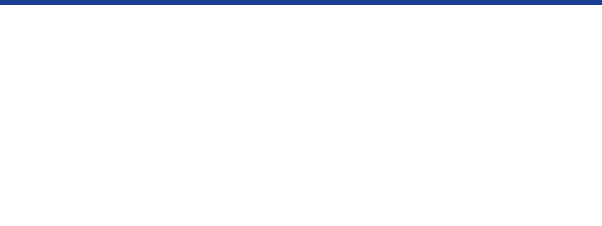
Serving Size: 3 Veggie Capsules

Amount Per Serving	%Daily Value	
Vitamin A (D. Salina algae)	5,000 IU	100%
Vitamin C (acerola extract)	60 mg	100%
Vitamin D-3 (cholecalciferol)	1500 IU	375%
Vitamin E (d-Apha tocopheryl succinate)	30 IU	100%
Vitamin B-1 (from guava, holy basil & lemon extracts)	9.9 mg	660%
Vitamin B-2 (from guava, holy basil & lemon extracts)	9 mg	529%
Vitamin B-3 (from guava, holy basil & lemon extracts)	15 mg	75%
Vitamin B-6 (from guava, holy basil & lemon extracts)	9.9 mg	495%
Vitamin B-5 (from guava, holy basil & lemon extracts)	16.5 mg	165%
Folic Acid (from guava, holy basil & lemon extracts)	330 mcg	83%
Vitamin B-12 (methylcobalamin)	10 mcg	167%
Calcium (earth source / chelated)	50 mg	5%
Magnesium (earth source / chelated)	25 mg	6%
Zinc (earth source / chelated)	15 mg	100%
Selenium (earth source / chelated)	15 mcg	22%
Copper (earth source / chelated)	1 mg	50%
Manganese (earth source / chelated)	1 mg	50%
Chromium (earth source / chelated)	120 mcg	101%
Molybdenum (earth source / chelated)	15 mcg	20%
Potassium (earth source / chelated)	10 mg	<1%
Red Raspberry Juice (powder)	50 mg	†
Green Tea (98% extract)	50 mg	†
Spirulina (powder)	50 mg	†
Chlorella (powder)	50 mg	†
Maqui Berry (powder)	50 mg	†
Acai Berry (4:1 extract)	50 mg	†
Pomegranate (40% extract)	30 mg	†
Mangosteen (10% extract)	30 mg	†
Noni (Hawaiian 4:1 concentrate)	30 mg	†
Goji Berry (30:1 concentrate)	30 mg	†
Wild Black Cherry (10:1 concentrate)	30 mg	†
Blueberry Fruit (5:1 concentrate)	30 mg	†
Elderberry (5% extract)	30 mg	†
Grape Skin (4:1 concentrate)	30 mg	†
Kelp Extract	30 mg	†
Trans-Resveratrol	10 mg	†
Silicon (earth source / chelate)	5 mg	†
Boron (earth source / chelate)	750 mcg	†

†Daily Value not established.

Other Ingredients: Cellulose, magnesium tricalcate, calcium silicate and chlorophyll. Contains Soy.

Available at:

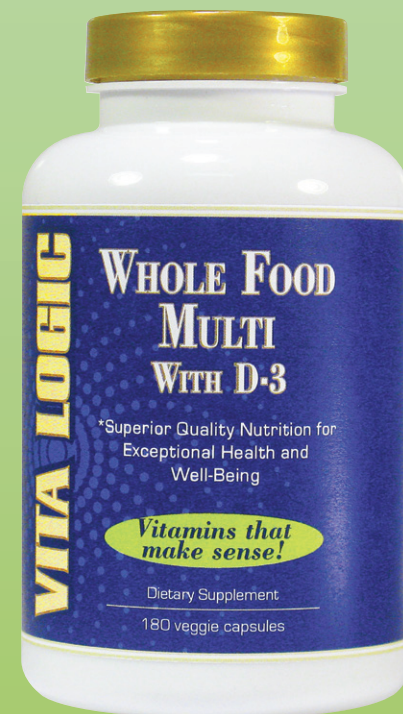


For more information on this and other Vita Logic products, please visit us online. www.vitalogicvitamins.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.

WHOLE FOOD MULTI WITH D-3

- ✓ Backed by science
- ✓ Doctor recommended
- ✓ All natural
- ✓ Synergistic formula of vitamins, minerals and herbs

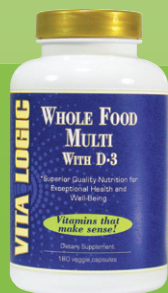


VITA LOGIC
VITAMINS THAT MAKE SENSE!

Who Should Take Whole Food Multi With D-3?

- Do you eat less than 4 servings of fruits and vegetables every day?
- Do you think you could benefit from taking a daily multiple vitamin and mineral supplement?
- Do you think a supplement derived from whole food is better than a synthetic (derived in a laboratory) supplement?
- Does the term “whole food based” mean improved quality and efficacy to you?
- Are you looking for a better quality vitamin than you are currently taking?
- Vitamins are normally found in foods. Given the choice between synthetic and food based, would you prefer your supplement to be derived from food?

The more you answered yes, the more **Whole Food Multi With D-3** may help you.



Why Take A Food Based Vitamin?

The word vitamin means “vital to life”. A person’s ability to make any vitamin is limited at best. Humans can make Vitamin D only under ideal conditions which include a perfectly functioning Intestinal Tract, Liver and Kidneys. Also, Vitamin B-12 can be produced, but is compromised by many factors including increasing age, GERD, Reflux, Ulcers, Irritable Bowel Syndrome, Diabetes and Gall Bladder Disease.

For all remaining vitamins and minerals, people must rely on diet. Most individuals do not eat the required 7-9 servings of fruits and vegetables a day to achieve adequate vitamin and mineral levels to promote health and longevity as well as prevent most chronic diseases.

The consequences of vitamin insufficiency and deficiency are increasing. Doctors and researchers agree diet is no longer enough. Everyone including children needs to supplement with a daily multiple vitamin and mineral. Supplements can be of 2 origins, synthetic (made in a laboratory) or whole food (derived from food sources). When choosing a whole food supplement, it is important to understand the whole food supplement will deliver more nutritional value than what can be synthetically replicated in a laboratory. Therefore the amount of nutrient present in a whole food supplement can always be less than in its synthetic counterpart.

In conclusion, a whole food based supplement delivers “more bang for the buck”. It provides vitamins and minerals from food sources rather than synthetic laboratory duplicates. A whole food based supplement is preferred by the discerning consumer who recognizes, appreciates and respects the difference.

Vita Logic Whole Food Multi With D-3 is a whole food based supplement derived totally from food not synthetically made in a laboratory. **Vita Logic Whole Food Multi With D-3** provides additional natural Vitamin D-3 as opposed to synthetic Vitamin D-2 used in most supplements. This all natural, food based supplement provides the most effective and beneficial way to assure proper and adequate vitamin and mineral levels every day. **Vita Logic Whole Food Multi With D-3** is “food based medicine”.

What Makes Vita Logic’s Whole Food Multi With D-3 Unique?

Formulated by a team including researchers, scientists, medical and naturopathic doctors, **Whole Food Multi With D-3** is balanced for overall nutritional support with added 1500 IU Vitamin D3 in a vegetarian capsule.

Contains proven ingredients backed by research:

Vitamin D3 is 56 to 87% more potent than D2 in raising serum 25(OH)D. Research demonstrates more than three times as potent in increasing calciferol content. — *Journal of Clinical Endocrinology & Metabolism*

Maqui Berry inhibits LDL oxidation and protects human endothelial cells against oxidative stresses. — *Journal of Agricultural and Food Chemistry*

Taking a whole food multi vitamin can have a critical impact on heart disease risk, lowering a woman’s risk of heart attack by 41%. — *American Journal of Clinical Nutrition*

Spirulina exhibits therapeutic functions such as antioxidant, anti-bacterial, antiviral, anticancer, anti-inflammatory, anti-allergic and anti-diabetic. Spirulina consumption appears to promote the growth of intestinal micro flora as well. — *Current Pharmaceutical Biotechnology*

Results are supportive of an antioxidant role for Chlorella and indicate that Chlorella is an important whole-food supplement that should be included as a key component of a healthy diet. — *Nutrition*