# Keith Tebbe, ATC, LAT

keith@prorehab-pc.com

## **EDUCATION**

Bachelor of Science in Athletic Training (CAATE accredited program)

McKendree University, Lebanon, Illinois

Cumulative GPA: 3.4/4.0

Date of Graduation: December 2008

Master of Science in Athletic Training Indiana State University, Terre Haute, IN

Cumulative GPA: 3.55/4.0

Anticipated Date of Graduation: May 2012

## **HONORS**

American Midwest Conference: Academic All Conference Cross Country team at

McKendree University (2006, 2007)

Deans List (2005, 2007, 2008)

NAIA Champions of Character Award (2008)

## CLINICAL EXPERIENCE

Athletic Training Student (under direct supervision of an ATC)

McKendree University, August 2005- December 2008

- Athletic Training Student for Women's Volleyball, Baseball, and Men's Basketball, Wrestling, Football, Triad High School Fall sports
- Provide assessment and treatment of injuries
- Use of modalities and taping skills
- Assisted athletes with rehabilitation programs
- Special Olympics coverage

SportsCare in Springfield, IL, June-August 2006 (Rehabilitation technician)

- Assisted with strengthening exercises with adolescent athletes
- Assisted with Sportsmetric classes
- Conducted preliminary evaluations on Training Zone clients
- Assisted with advertising

## **CURRENT CERTIFICATIONS and MEMBERSHIPS**

Red Cross CPR/PR

Red Cross Standard First Aid

**Sportsmetric** 

Red Cross First Aid and CPR/PR Instructor

**BOC** Certified Athletic Trainer

Licensed Athletic Trainer in Illinois

Licensed Athletic Trainer in Indiana

Member of the NATA

## WORK EXPERIENCE

Rehabilitation Technician

SportsCare in Springfield, IL, June-August 2006

- Assisted with strengthening exercises with adolescent athletes
- Assisted with Sportsmetric classes
- Conducted preliminary evaluations on Training Zone clients
- Assisted with advertising

Cabin Leader/Adventure Team/Health Team

Camp Miniwanca in Shelby, MI

June-August 2007, 2008, 2009

- Lived with campers and supervised campers to maintain a save environment
- Led team building activities
- Taught activities to campers (sports, archery, reflection)
- Evaluate and treat injured and sick campers
- Maintain first aid kits
- Distribute camper medications
- Teach CPR and First Aid

School Aged Child Care (SACC) Site Director

YMCA, Maryville, IL

February 2009- June 2009

- Manage staff at school site
- Collect payments from parents
- Discipline staff and children
- Teach FA/CPR/AED for Lay person and Professional Rescuer
- Manage activities for school site

## Certified Athletic Trainer/Outreach Coordinator

ProRehab-PC, Vincennes, IN

July 2009- Current

- Athletic Trainer for Washington High School August 2009-Current
- Athletic Trainer for Lawrenceville High School August 2009-May 2010
- Athletic Trainer for Vincennes Rivet High School August 2010-Current
- Manage athletic training rooms
- Provide athletic training services to local high schools
- Manage athletic training contracts with local high schools
- Manage inventory at contracted high schools and clinic
- Assist physical therapist in clinic

## **ACTIVITIES**

McKendree University Track and Cross Country teams (August 2004- May 2008) McKendree University Fellowship of Christian Athletes (August 2004- Dec 2008) McKendree University Running Club (August 2008-December-2008)