

# HOT CHEFS, COOL KITCHEN

August  
26-28

## LIVING LIGHT CHEF SHOWCASE



Cherie Soria



Judita Wignall



Martine Lussier



Vinnette Thompson



Colleen Cackowski



Cristina Archila



### The Living Light Chef Showcase: Hot Chefs, Cool Kitchen

**August 26-28** celebrates 12 talented gourmet raw food chefs, including the winner of the 5 in 5 Hot Raw Chef Video Recipe Contest. For three full days we'll dazzle your imagination and tempt your palate with fabulous raw vegan recipes. We have a limited number of seats available in our studio audience, AND if you'd like to watch from the comfort of your home, we'll be creating a streaming video event and DVD packages to capture each demo from these talented gourmet chefs. You'll see step-by-step demos of healthy raw vegan dishes with a gourmet spin – everything from soup to nuts!

- **Healthy Gourmet**
- **Raw Vegan Recipes**
- **Many Dairy-Free, Gluten-Free**
- **Many Low-Glycemic, Sugar-Free**
- **Pâtés, Appetizers, Soups**
- **Breads, Crackers, Dips**
- **Entrées, Sauces, Cheeses**
- **Incredible Desserts**

"Feast and lose weight" is the concept driving the raw food diet revolution. If you'd like to gain energy and feel younger while enjoying gourmet versions of your favorite dishes, sign up for the Living Light Chef Showcase: Hot Chefs, Cool Kitchen. Cherie Soria and a hand picked group of talented chefs will take you on an extraordinary creative exploration of gourmet raw cuisine.

**Call 707-964-2420 for information and registration, or register online at [RawFoodChef.com](http://RawFoodChef.com).**

Limited number of seats available in the live studio audience and for our specialty classes, including **Take a Walk on the Wild Side: Discover Raw Green Super Foods from the Ocean, Raw Food Styling for Photography, and Sharpen Up Your Knife Skills!™ Intensive.**



# Living Light

Making Healthy Living Delicious!™



Nomi Shannon



Brian James Lucas  
aka Chef BeLive



Solla Eiriksdottir



Alicia Ojeda



Tina Jo Stephens



Amy Bacheller