

# Judo

## Paralympic Sports

### Parents, Children & Students



Have you ever considered introducing your child to the sport of Judo? Judo is an Olympic Sport and is a system of self defense, physical and mental discipline and was introduced at the Olympic Games in 1964. **Paralympic Judo** not to be confused with “Special Olympics” was introduced in 1988 and is one of the best sports for boys and girls that are blind and visually impaired.

It develops self-confidence, character, citizenship, goal-setting, overcoming adversities and independence in life.

Want to make a difference?

Contact: The Blind Judo Foundation

The Blind Judo Foundation  
A Nonprofit 501(c)(3)  
Corporation

635 San Mateo Avenue  
San Bruno, CA 94066



**The Blind Judo Foundation**  
A Nonprofit 501(c)(3) Corporation

**Champions-in-the-Making**

635 San Mateo Avenue  
San Bruno, CA 94066  
650-589-0724

[www.blindjudofoundation.org](http://www.blindjudofoundation.org)

# Champions in the Making - Building of Champions

## The **Blind Judo Foundation**



**Visually Impaired  
Physically a  
Champion**

was created to promote the sport of Judo to the Blind and Visually Impaired community creating a level playing field not only on the Judo mat but in the competition of life itself.

Our Mission is to provide professional development activities, information and educational resources for Coaches on “how-to” work with Visually Impaired students.

We educate Foundations, Organizations, Societies, Federations and low vision networks about the physical, psychological, emotional and productive benefits of Judo.

The Foundation provides funding to deserving students for sustained training and memberships in various organizations to include USABA and USA Judo with a potential to join the US Paralympic Judo Team.

The Foundation is currently seeking Funding and Sponsors to further the work, mission and vision of the Blind Judo Foundation.

## Coaching visually impaired athletes starts with a vision, compassion and dedication

While Judo continues to create a level playing field where everyone has an opportunity to compete, Attitude, Vision and Capacity starts with the Coach-Instructor.

Over 60 years ago Professor John Cahill, a martial arts instructor in Hawaii had a dream of getting one student to the Olympics. Unfortunately Professor Cahill passed away and was not able to realize his dream.

Building of Champions, however, had been seeded in his son Willy and he was not going to let the dream of “Champions-in-the Making” evaporate.

## Who is Willy Cahill?

Willy has dedicated his life in training individuals for the challenges of life through the sport of Judo and Martial Arts. Previous coaching and awards include:

- Stanford University—Head Coach
- SF State University—Head Coach
- US Olympic Judo Coach
- US Paralympic Judo Coach



**Coach Willy Cahill  
CEO—Co-Founder  
Blind Judo Foundation**

- US Junior Pan Am Championships
- US Goodwill Games-Coach
- Black Belt Hall of Fame
- Black Belt Coaches Hall of Fame

Over 70% of Medals won at the Olympic and Paralympic levels in Judo have been won under the Coaching Leadership of Willy Cahill

Learn more about this world class Coach on our website [www.blindjudofoundation.org](http://www.blindjudofoundation.org) or more about *Cahill's Judo Academy* that has been dedicated to Professor John Cahill's memory by going to [www.dawave.com](http://www.dawave.com).

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