

# Pathways Through the Holidays

## Grief Support Workshop

Coping with Grief During the Holiday Season



The Holidays can be stressful, and grief can make them more difficult.

This workshop is designed to help you explore ways to cope and bring light to the holiday season as you grieve.

### Sunnyvale

Pathways Sunnyvale Office, 585 North Mary Avenue  
Tuesday, October 25, 2011, 6:30 - 8:30 pm

### South San Francisco

Pathways SF Office, 395 Oyster Point Blvd, Suite 128  
Wednesday, October 26, 2011, 6:30 - 8:30 pm

### RSVP

Call 1.888.905.2800 x4241 or email  
[bereavement@pathwayshealth.org](mailto:bereavement@pathwayshealth.org)

*Refreshments and conversation will follow the workshop.*



**PATHWAYS**

Home Health, Hospice & Private Duty  
Hospice Foundation

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