



A Vow Made True

Dolores Carruthers is a Writer living in Palm Desert, California.

When her phone rang one quiet winter evening in 1995, the last thing Dolores Carruthers expected was that her life would change forever from that moment on.

It was her son, Tom, bearing the horrible news that his older brother, Stephen, had been killed that afternoon in an avalanche while skiing.

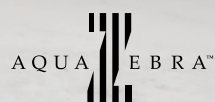
She made a vow then and there. She would feel this foreign landscape of grief, and be fearless, come what may. Dolores Carruthers's memoir of her personal journey out of the darkness is a must for anyone who has struggled with the extraordinary loss of one so deeply loved.

The power of this memoir is how the teller stays with the disruptive emotions of loss long enough to explore and honor her transformation from broken to remade. This is a tender, moving, courageous and strangely satisfying book.

Thomas Larson

Memoir and the Memoirist:

Reading and Writing the Personal Narrative



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A Memoir

from grief to hope

Reading Group Guide

Dolores Carruthers