

# *Meet Your Therapist*

## **Jolene Faught, PT, MPT Women's Health Physical Therapist**



Jolene Faught,PT, MPT graduated from Eastern Washington University's Master of Physical Therapy program in 1999. Since that time Jolene has worked to develop her manual therapy skills and pursue extensive training and education in the areas of Women's Health Physical Therapy and Pelvic Rehab.

With a background in orthopedic, sports medicine and manual physical therapy, Jolene is able to effectively treat athletes, elderly and pregnant/post partum populations with ease. The special treatments within the Women's Health Physical Therapy realm enable her to treat women with pelvic pain, incontinence, chronic low back pain, SIJoint/hip dysfunction and pregnancy/post partum related low back and pelvic dysfunctions.

Due to her belief in grass roots education, Jolene has provided in-services and spoken to physicians, hospital based nursing staff, other physical therapists, community groups and individuals undergoing abdominal and/or pelvic surgery. Her presentation, "What Every Woman Should Know" is an educational program for women of all ages explaining normal bladder/ bowel health, sexual function, posture and effects of pregnancy and labor as related to a woman's body.

As the wife of a Marine Jolene has had opportunities to develop Women's Health and Pelvic Rehab programs in Oregon, California and Virginia. Jolene is thrilled to have the opportunity to raise two young boys in North Carolina and develop this much needed program for women along the Crystal Coast. She is an outdoor enthusiast with a passion for running, skiing, boating, and most recently yoga. Jolene is looking forward to providing exceptional care for women's sensitive issues.

Please call Jolene if you have questions about women's health or the new program she is developing at BreakThrough Physical Therapy in Morehead City, (p) 252-247-2738 and (f) 252-240-3882.

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