## Tastes of South Africa – food, wine and safari

In partnership with real food expert Stormy Sweitzer of <u>Maoomba.com</u>, we are proud to present Tastes of South Africa, a food, wine, and safari travel experience. This unique and specially-designed culinary itinerary was created to tantalize all of your senses with the best of what South Africa has to offer. We will wine and dine our way through the Western Cape Winelands, feast on Cape Malay cuisine, sample kudu and ostrich in the outback, explore local food producers, and enjoy the fresh-caught flavors of the sea along SA's famed Garden Route, all while enjoying South Africa's natural splendor, wild creatures, and diverse cultures.

# Highlights

- Mouthwatering South African cuisine fresh from the sea and farm (most of which is friendly for those who eat a gluten dairy free diet)
- Winelands tours and tastings
- Unique opportunities to visit with local restaurateurs, food producers, and wine experts
- TWO days of game viewing including Africa's Big Five and many other wild creatures
- A trip into South Africa's outback, a food-lover's find
- Two "Sundowner" experiences; one on the water, the other feeding elephants!
- Plus much more we have jam-packed these 2 weeks with memorable feasts, animal encounters, vistas, and details that will spoil you for other trips

Those with a moderate fitness level (we will be doing some walking, hiking, and exploring), an appreciative palate, and openness to making new friends are likely to enjoy this journey the most.

### Pricing: \$5,995

### Single Supplement: add \$945

### **Tour Dates**

- Sunday, October 14, 2012 Saturday October 27, 2012 (Booking deadline: May 1, 2012)
- Hosted by Stormy Sweitzer of Maoomba and Will Swanepoel of Extraordinary Life Travel

#### **News Release**

FOR IMMEDIATE RELEASE Salt Lake City, UT | February 14, 2012 Media Contacts Stormy Sweitzer, Maoomba.com 801-671-8785 info@maoomba.com

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# Maoomba.com and Extraordinary Life Travel Partnering to Offer Culinary & Safari Tour to South Africa

Spouses partner their businesses to provide food-loving travelers with a sumptuous food, wine, and safari experience along South Africa's famed southern coast

When Stormy and Will met 15 years ago, they knew they both loved to travel and eat great food. What they didn't realize was that they would one day each own a business dedicated to these things and that those businesses would partner to offer culinary tours.

"We're thrilled to be able to offer - as well as to join fellow travelers - on this tour," said Will Swanepoel, owner of the Extraordinary Life Travel. "I grew up in South Africa and love traveling the Garden Route and Route 62 whenever I can. The great thing about this tour is that travelers get to enjoy South Africa's natural splendor, wild creatures, and diverse cultures, as well as its amazing restaurants, food producers, and vineyards. "

When asked about the food in South Africa, Stormy Sweitzer, owner of Maoomba says, "Where do I start? You'll taste everything from ostrich carpaccio, Cape Malay cuisine, wild game, and melt-in-your-mouth grilled calamari to delicious home-grown olives, artisanal cheese, seasonal fruits and vegetables, and, of course, the wine. I have traveled to South Africa numerous times over the years, and I am always impressed by how fresh-tasting it is."

She also adds that, "As someone with food allergies, I find that I am able to eat extremely well there because nearly all of the restaurants we visit know exactly what goes into the food they serve. In fact, many of them grow produce themselves and source foods from area farmers and fishermen."

The itinerary for Tastes of South Africa Tour: http://www.extraordinarylifetravel.com/SouthAfrica/tastes-of-south-africa/

#### **About Extraordinary Life Travel**

Extraordinary Life Travel (<u>http://www.extraordinarylifetravel.com</u>) is a boutique tour company exclusively focused on leisure, safari, golf, and adventure travel in South Africa. Their hallmarks are small groups, attention to details like restaurants serving fresh, seasonal fare, and itineraries that engage travelers so much so that they forget what day it is.

#### About Maoomba

Maoomba (<u>http://www.maoomba.com</u>) is a real-food resource, dedicated to helping home cooks incorporate healthy, whole foods into their already-full lives, and to supporting organizations that promote health, community, and economic empowerment through food. Maoomba offers a weekly newsletter filled with recipes and ideas, virtual cooking classes, food tours, and food organization consulting services.

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If you'd like more information about this topic, or to schedule an interview with Stormy and William, please call Stormy Sweitzer at 801-671-8785 or email her at <u>info@maoomba.com</u>.