

## WHERE TO GET YOUR MEDICARE QUESTIONS ANSWERED

<b>1-800-MEDICARE</b> To get general or claims-specific Medicare information and other important telephone numbers.	1-800-633-4227 TTY 1-877-486-2048 <a href="http://www.medicare.gov">www.medicare.gov</a>
<b>State Health Insurance Assistance Program (SHIP)</b> To get free personalized Medicare counseling on decisions about coverage; help with claims, billing, or appeals; and information on programs for people with limited income and resources.	Visit <a href="http://www.medicare.gov/contacts">www.medicare.gov/contacts</a> or call 1-800-MEDICARE to get the phone numbers of SHIPS in other states.
<b>Social Security</b> To replace a Medicare card; change your address or name; get information about Part A and/or Part B eligibility, entitlement, and enrollment; apply for Extra Help with Medicare prescription drug costs; ask questions about premiums; and report a death.	1-800-772-1213 TTY 1-800-325-0778 <a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
<b>Coordination of Benefits Contractor</b> To get information on which insurance pays first and to report changes in your insurance information.	1-800-999-1118 TTY 1-800-318-8782
<b>Department of Defense</b> To get information about TRICARE for Life and the TRICARE Pharmacy Program	1-866-773-0404 or TTY 1-866-773-0405 1-877-363-1303 (Pharmacy) TTY 1-877-540-6261 <a href="http://www.tricare.mil/mybenefit">www.tricare.mil/mybenefit</a>
<b>Department of Health and Human Services</b>  <b>Office for Civil Rights</b> If you think you were discriminated against or if your health information privacy rights were violated.	1-800-368-1019 TTY 1-800-537-7697 <a href="http://www.hhs.gov/ocr">www.hhs.gov/ocr</a>
<b>Department of Veterans Affairs</b> If you are a veteran or have served in the U.S. military.	1-800-827-1000 TTY 1-800-829-4833 <a href="http://www.va.gov">www.va.gov</a>
<b>Office of Personnel Management</b> To get information about the Federal Employee Health Benefits Program for current and retired Federal employees.	1-888-767-6738 TTY 1-800-878-5707 <a href="http://www.opm.gov/insure">www.opm.gov/insure</a>
<b>Railroad Retirement Board (RRB)</b> If you have benefits from the RRB, call them to change your address or name, check eligibility, enroll in Medicare, replace your Medicare card, and report a death.	Local RRB office or 1-877-772-5772
<b>Quality Improvement Organization (QIO)</b> To ask questions or report complaints about the quality of care for Medicare-covered services or service ending too soon.	Call 1-800-MEDICARE to get the telephone number for your QIO.