



Can We Help You?

Your Personal Guide
Adhesions



Clear Passage
PHYSICAL THERAPY

Clear Passage Physical Therapy Can Likely Help You If...

- ✓ You are seeking a natural relief for your infertility or pain caused by Post Surgical Scars, Small Bowel Obstruction, Endometriosis, Sexual Dysfunction, and other types of Chronic Pain.
- ✓ You would like to permanently treat the cause of your pain, adhesions.
- ✓ You wish to avoid drugs and additional surgeries which often cause more painful adhesions.



[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)

Non-Surgical Treatment — The Wurn Technique®

The focus of the Wurn Technique® is to find adhered tissues and structures wherever they exist in the body. Adhesive cross-links act like the thousand tiny fibers of a nylon rope. When they bind together, they can create persistent pain or dysfunction, gluing together structures within the body.

While a surgeon might cut or burn the adhered tissues, this therapy uses a different mechanism. The focus is to detach the chemical bonds that attach the tiny cross-links to each other. This manual physical therapy uses more than 200 specific manual techniques to treat patients, developed over the last 20 years. Studies about the effectiveness of the therapy have recently appeared in highly respected medical journals.



The Wurn Technique® is a unique hands-on physical therapy protocol, developed over 20+ years by its inventors, Belinda Wurn, PT and Larry Wurn, LMT.



[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)



What is Treatment Like?

While the Wurn Technique® defines the manual treatment at CPT, our approach to patient care can be broken into four successive steps. The way we perform these steps appears to set us apart from most other physical therapists and healthcare providers:

- 1) Extensive Patient History Review
- 2) Patient Participation, Team Goal Setting
- 3) Thorough Palpatory Evaluation
- 4) Manual Treatment (Wurn Technique®)

[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)

How Past Events Affect the Body's Present Condition

Our work starts before we ever meet our patient, as we examine each patient's medical and life history. All applicants for therapy must complete an extensive questionnaire before treatment. This document helps us to determine if our treatment may help them meet their goals, or if there are any contraindications to our therapy.

We then encourage prospective patients to review their cases with one of our physical therapists during a pre-therapy telephone consultation. The therapist will answer all of the applicant's questions, and help them determine whether treatment would be appropriate for them. Based on that interview and the patient's history and goals, the therapist can generally advise the patient of the results she may expect to achieve from therapy.



[Click Here to Complete your Medical History Form](#)



[Click Here to Receive your Complimentary Phone Consultation](#)

[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)



After we accept a patient into our program, our review of patient history continues during the initial physical evaluation and throughout treatment. Many patients do not note past events or experiences on their initial questionnaires because they do not see them as important or relevant to their present situation. During the course of therapy, patients begin to understand how a past trauma, surgery, inflammation, or infection can have a lasting impact on the body. During treatment, they may recall an event from the past that sheds light on their present condition – and finally mention that incident to the therapist.

When speaking of the past, patients often state: “I don’t know if this is important but...,” or “This may sound silly but...” In many cases, whatever words come next are important clues to help us understand the cause of the patient’s pain or dysfunction. We have lost track of the number of times this information has helped our therapists access an adhered area we needed to treat to reach that patient’s goal. Over the years, all of our therapists have become attentive to these phrases, and the words that follow those innocent openings.

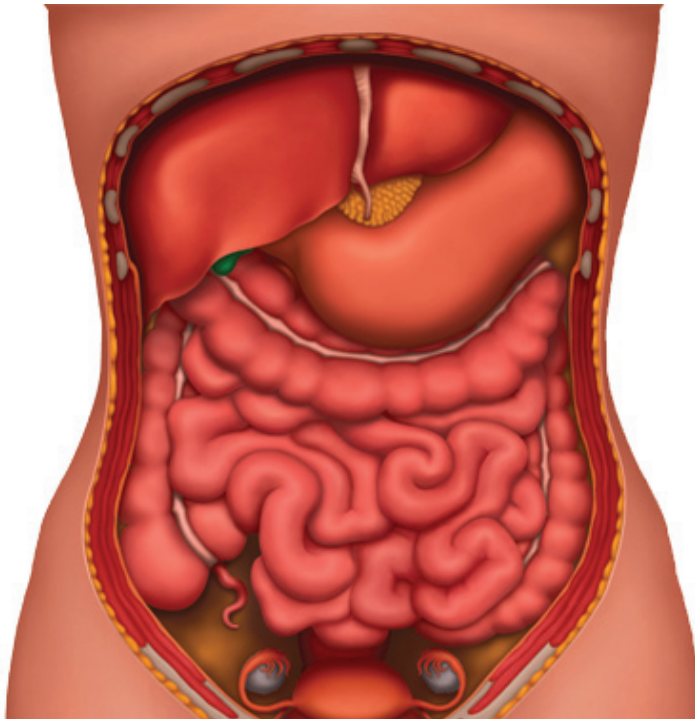
[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)

Evaluating the Body

On the first day of therapy, we conduct an extensive physical therapy evaluation of the patient. Our measurement of structure and function of the body is very thorough, due to the complexity of the conditions we treat and our whole-body view. Our assessment includes all the elements associated with a traditional physical therapy evaluation (such as evaluating symptomatic areas), but we also evaluate each patient based on her individual history and goals. This evaluation generally takes about an hour. The physical evaluation starts with a thorough postural assessment while the patient stands. We assess each patient from the front, back, and sides, noting any unusual asymmetries or tensions.

At that time, we start to get a sense of which internal areas and structures may be pulling our patient out of alignment, symmetry, or balance. We examine the head and shoulders, noting if they are pulled forward or down, or if one shoulder is lower than the other. As therapists, we are always asking ourselves, "How might the tensions we are noting in the body affect this patient's pain, function, fertility, or ability to meet his or her goals?"

[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)



After assessing the structure and mobility of the musculoskeletal system, we begin to palpate the organs and connective tissues of the abdomen, pelvis, and the rest of the body. We use various manual tests we developed or learned to help us zero in on restricted areas. We test for restricted mobility and motility within virtually every body system, e.g., digestive, urogenital, reproductive, musculoskeletal, endocrine, and nervous.

We palpate the structures and connections of all three layers of the fascia from the superficial fascia of the skin, through the deep fascia of the muscles, joints and organs, and then into the deepest layer of fascia, the dura which surrounds and protects the spinal cord, from the tailbone up into the structures of the brain.

After twenty years of experience palpating the viscera of the body, we can ascertain which organs or structures can move normally and which have restricted mobility or motility (the inner movement inherent within each organ).

[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)

Who We Are at Clear Passage Physical Therapy

Our Therapists are:

- ✓ Professionally licensed to practice physical therapy in his/her state .
- ✓ Highly knowledge in manual therapy with several years experience.
- ✓ Certified in the Wurn Technique through a extensive application process,in addition to a multi-level testing process and training by Belinda and Larry Wurn.

We re-test assessment and treatment skills during their first year and take the therapist through any re-certification training we feel is needed, around year-end. All of our therapists receive regular updated instruction and training in the Wurn Technique.



[Click Here to Take the Next Steps Now and Complete Your Medical History Form](#)

Clear Passage Physical Therapy



Hands on Care
with
Proven Results

Ready to Take the Next Steps?



Visit www.clearpassage.com



Call 352.336.1433



Email info@clearpassage.com