

Background:

Dr. Walter Fong of Laguna Beach Chiropractic Wellness Center has developed the only natural, effective treatment for snoring and sleep apnea. A series of five therapeutic movements that strengthen the muscles of the throat to eliminate snoring and sleep apnea, the Snore Terminator treatment creates dramatic results that include overnight improvement and long-term solutions to sleep disorders.

Fast Facts:

- More than 50% of all Americans suffer from sleep disorders that include snoring and sleep apnea.
- Even occasional light snoring has shown evidence of heart damage, brain damage, high blood pressure and diabetes.
- Snoring is caused by weak airway musculature that fails to hold the tongue, soft palate, uvula, jaw, and hyoid bone in their normal positions. Over time, these structures begin to collapse onto the throat choking off the flow of air.
- Traditional treatment for snoring is costly and requires the patient to wear uncomfortable devices while they sleep. These treatments don't address the source of the problem, and when the patient stops using them, the sleep disorders return.
- Dr. Walter Fong developed the Snore Terminator Technique using a unique therapy called "Myorehapy," that re-educates the muscles to immediately eradicate snoring and sleep apnea.
- Patients report at least a 50% reduction in snoring and Sleep Apnea overnight with the Snore Terminator treatment. It is the only natural, simple, safe, and effective way to treat snoring and sleep apnea.
- Snore Terminator is the only viable alternative CPAP treatment for snoring and sleep apnea that produces consistent results.

Patients are saying:

"When I came to see Dr. Fong and began the Snore Terminator treatment, my sleep apnea began to disappear. The treatment was not harsh in any way, did not require surgery or machines and was simple to execute. I would thoroughly recommend it to anyone who suffers from the same condition."

"Dr. Fong's technique is straight forward, logical and simple. There are no mouth guards or apparatuses (which I have tried and failed) and the results are amazing. A true life changer."

"I have slept through the night ever since the treatment. My wife monitors my snoring and most nights she says I did not snore at all."

"Dr. Fong's methods provided me with overnight relief from Obstructive Sleep Apnea. A sleep study showed me having as many as 128 Hypopneas a night. I spent a lot of money on different mouthpieces which provided uncomfortable relief and had a limited lifetime. I spent even more money on CPAP/BiPAP machines and accessories which allowed me to breathe at night, but were extremely uncomfortable and limited my mobility. Using Dr. Fong's methods daily I now sleep soundly and wake up refreshed using nothing but a pillow."

"The five simple exercises can be mastered almost immediately and take a very limited amount of time each day. Best of all, they produced a great reduction in my snoring, proven by actual sound activated recording tests. Within two

weeks my actual recordings indicated half a minute to a minute of very light snoring – and some days not any – a real success! To have a natural, easy solution to an age old problem is truly a miracle.”

About Dr. Walter Fong, D.C., F.I.A.C.A, F.C.T.S, Q.M.E

Dr. Walter Fong is a specialist that has dedicated his life to pain relief. For more than 30 years, Dr. Fong has researched and developed natural healing techniques for the relief of neck and back pain, scoliosis, TMJ, snoring, and sleep apnea. His treatments combine time-proven chiropractic methods with advanced therapeutic equipment.

A licensed Chiropractor, Clinical Nutritionist, Registered Radiology Supervisor, Certified Acupuncturist, Qualified Medical Examiner, and Certified Thermographer, Dr. Fong is a Diplomate of the National Board of Chiropractic Examiners, a Fellow of the International Academy of Clinical Acupuncture and International Thermographic Society, and a member of the International Academy of Thermography. He has discussed chiropractic treatments on *Window on Wall Street* and *Focus on Health*, and is a public speaker.

Drawing on his vast knowledge of therapeutic techniques, Dr. Fong creates a highly individualized treatment plan for each patient. His treatments have provided thousands of patients with fast, long-lasting, natural pain relief. Dr. Fong created the Snore Terminator treatment that has been proven to naturally reduce or eliminate snoring and sleep apnea overnight.

For more information, including high-resolution photos visit DrWalterFong.com.

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