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|  | **2012** |
|  | Your Total 10 Perfect Match - Workbook  Your Total 10 Perfect Match |

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| **2012 WORKBOOK** |
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*“I think self-awareness is probably the most important   
thing toward becoming a champion. “*

BILLIE JEAN KING



Coaching Questionnaire

Please answer the following questions and email this document back to PaulAngelo33@gmail.com

**What are the 10 benefits of being gay?**

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

**What are the 10 amazing things about me?**

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

**Self-Analysis Questions**

Below are sentences that need an ending. Please finish the sentences by adding your own 7 different versions of the ending. The endings should be grammatically correct when connected to the beginning of the sentence.

**1. One of the things I want from people and don’t know how to get is…**

Example: to be understood.

1.

2.

3.

4.

5.

6.

7.

**2. One of the ways I make it difficult for people to give me what I want is…**

Example: being at the wrong place and looking for the wrong thing.

1.

2.

3.

4.

5.

6.

7.

**3. One of the ways I contribute to my own frustrations is…**

1.

2.

3.

4.

5.

6.

7.

**4. If any of what I am saying above is true then…**

1.

2.

3.

4.

5.

6.

7.